



# September Menu 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	30	31	1	2
<b>AM Snack</b>	Muffins and Milk	Fresh Fruit	Oatmeal Bar	Lemon Blueberry Crisps
<b>Lunch</b>	Chicken Nuggets, Corn, Applesauce, and Milk	Mac and Cheese, Green Beans, Peaches, and Milk	French Toast Sticks, Turkey Sausage, Pears, and Milk	Hamburgers on Whole Grain Bun, French Fries, Sliced Apples, and Milk
<b>PM Snack</b>	Goldfish Crackers	Waffle Grahams	Pretzels	String Cheese
	6	7	8	9
<b>AM Snack</b>	Labor Day	Yogurt	Biscuits with Apple Butter	Oatmeal Bars
<b>Lunch</b>	School Closed	Bowtie Pasta with Parmesan, Broccoli, Pears, and Milk	Cheese Omelets, Tater Tots, Oranges, and Milk	Chicken Patties, Peas, Peaches, and Milk
<b>PM Snack</b>		Pita with Hummus	Oatmeal Cookies and Milk	Pudding
	13	14	15	16
<b>AM Snack</b>	Fruit Cup	Muffins	Yogurt	Cereal
<b>Lunch</b>	Baked Rotini in Red Sauce, Green Beans, Sliced Apples, and Milk	Salisbury Steak in Brown Gravy, Diced Potatoes, Pineapples, and Milk	Waffles, Turkey Sausage, Peaches, and Milk	Pizza Sticks, Diced Carrots, Pears, and Milk
<b>PM Snack</b>	Waffle Grahams	Oatmeal Cookie	Crackers and Cheese	Pretzel Fish
	20	21	22	23
<b>AM Snack</b>	Cereal and Milk	Oatmeal Bar	Fresh Fruit	English Muffins with Jelly
<b>Lunch</b>	Fish Sticks, Corn, Fruit, and Milk	Chicken Giggles, Sweet Potato Fries, Apples, and Milk	Pasta with Red Sauce, Salad, Pears, and Milk	Cheese Quesadillas, Carrots, Fruit, and Milk
<b>PM Snack</b>	Goldfish	Pudding	Cheese and Crackers	Pretzel Fish
	27	28	29	30
<b>AM Snack</b>	Bagels with Cream Cheese	Waffle Grahams	Muffins	Oatmeal Bars
<b>Lunch</b>	Meatloaf with Brown Gravy, Potatoes, Peas, and Milk	Chicken Tacos, Mixed Vegetables, Pineapples, and Milk	Mac and Cheese, Green Beans, Peaches, and Milk	Chicken Parm, Broccoli, Pears
<b>PM Snack</b>	Fruit Cup	Yogurt	Cucumbers with Ranch Dressing	Teddy Grahams



























FRIDAY	
	3
Cereal with Milk	
Grilled Cheese Sandwiches, Carrots, Pineapples, and Milk	
Animal Crackers	
	10
Fruit	
Pizza, Green Beans, Pears, and Milk	
Bear Grahams	
	17
Oatmeal Bar	
Sunbutter and Jelly Uncrustable, Fruit, Pretzels, and Milk	
Bear Grahams	
	24
Yogurt	
Turkey and Cheese Sandwiches, Green Beans, Fruit, and Milk	
Cookies and Milk	



















































































































































































































































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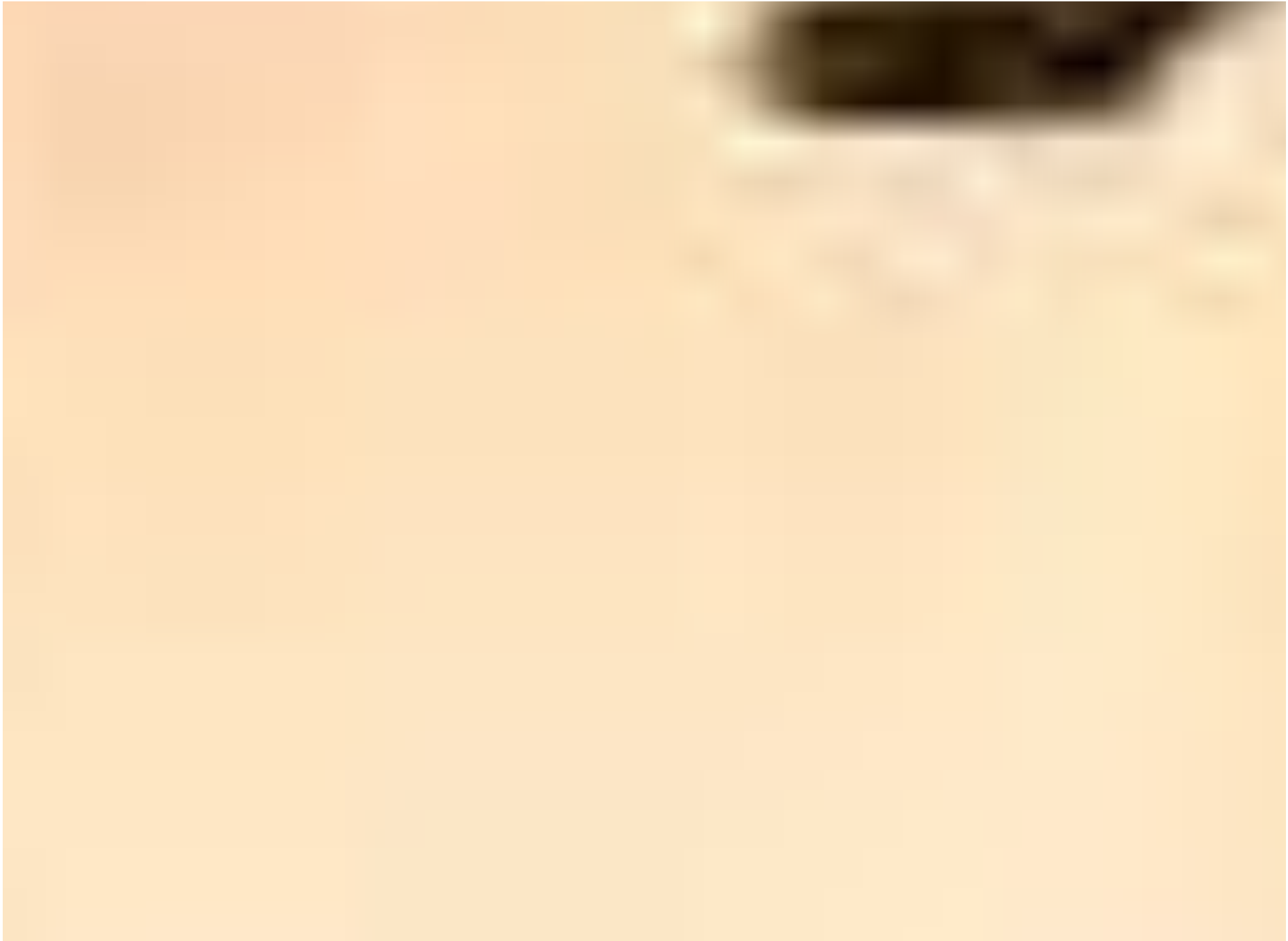




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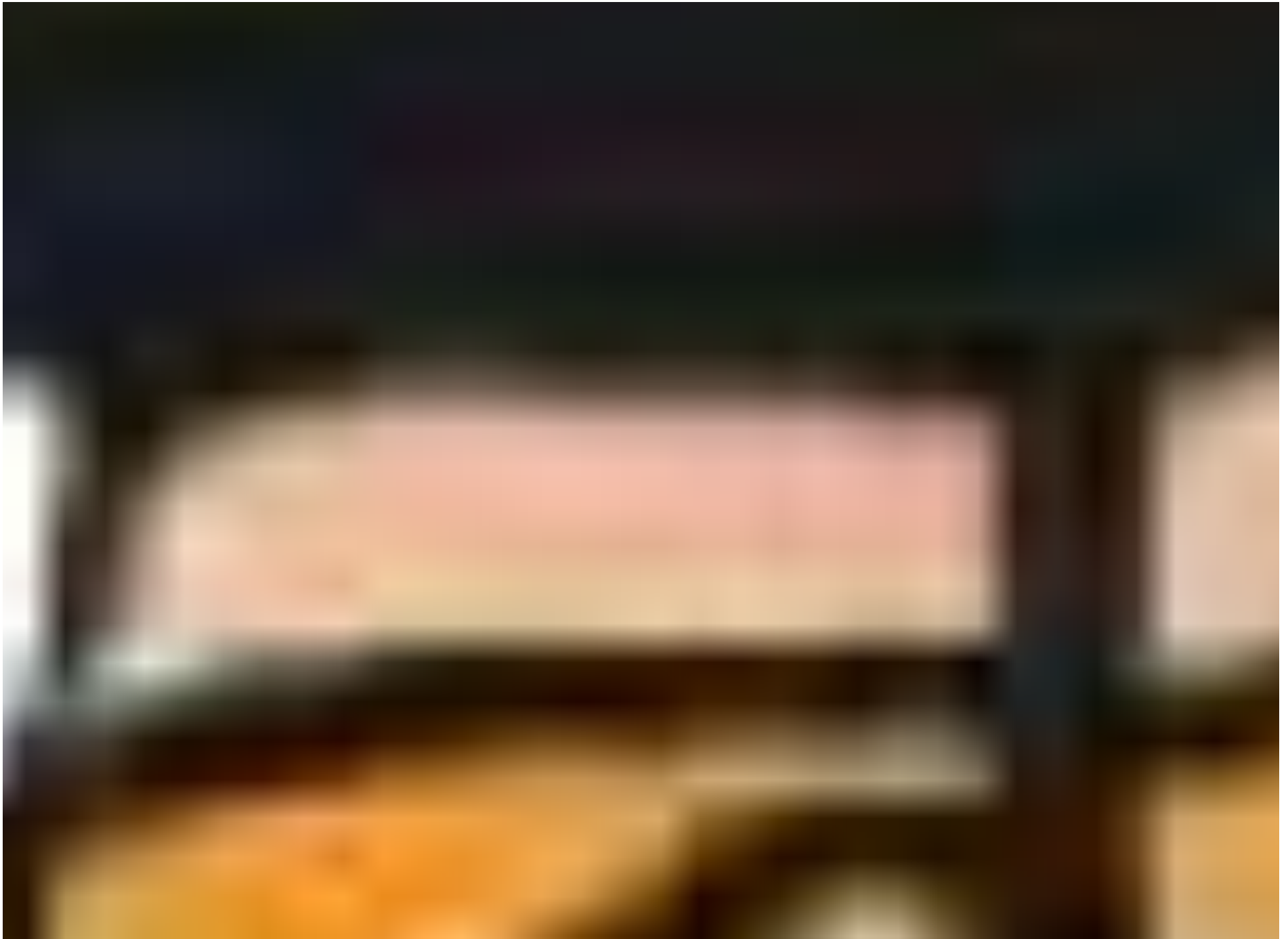


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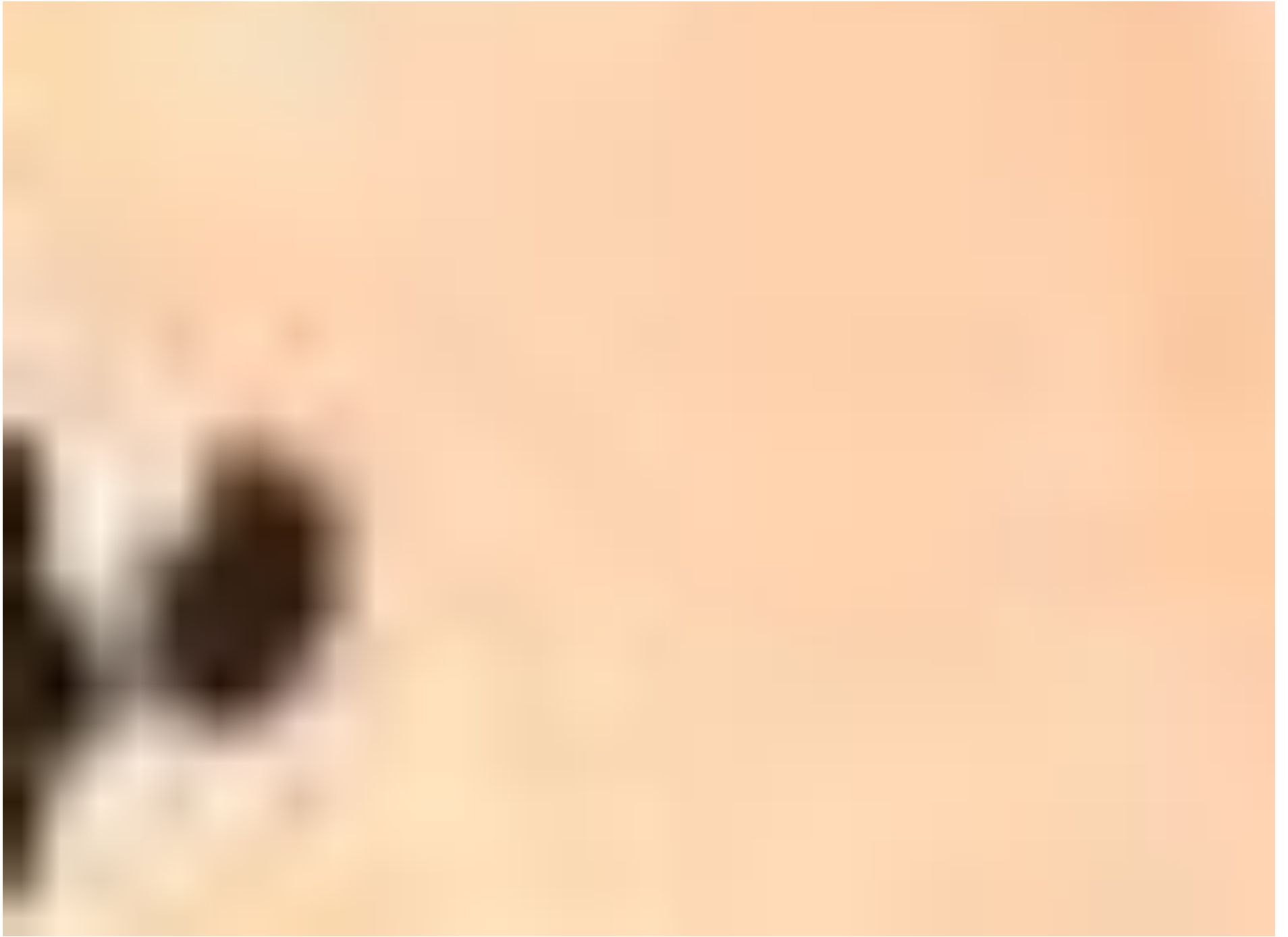




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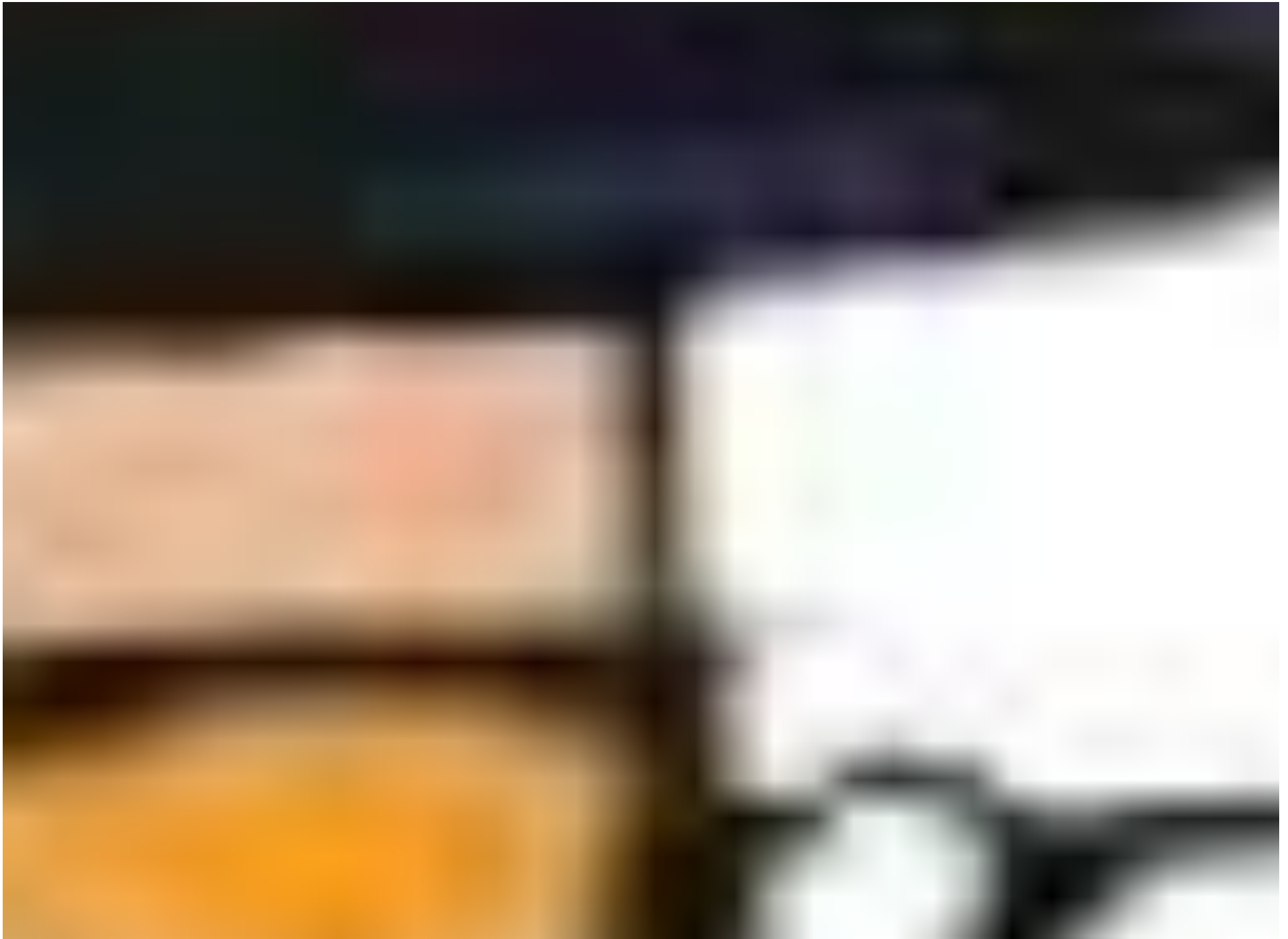
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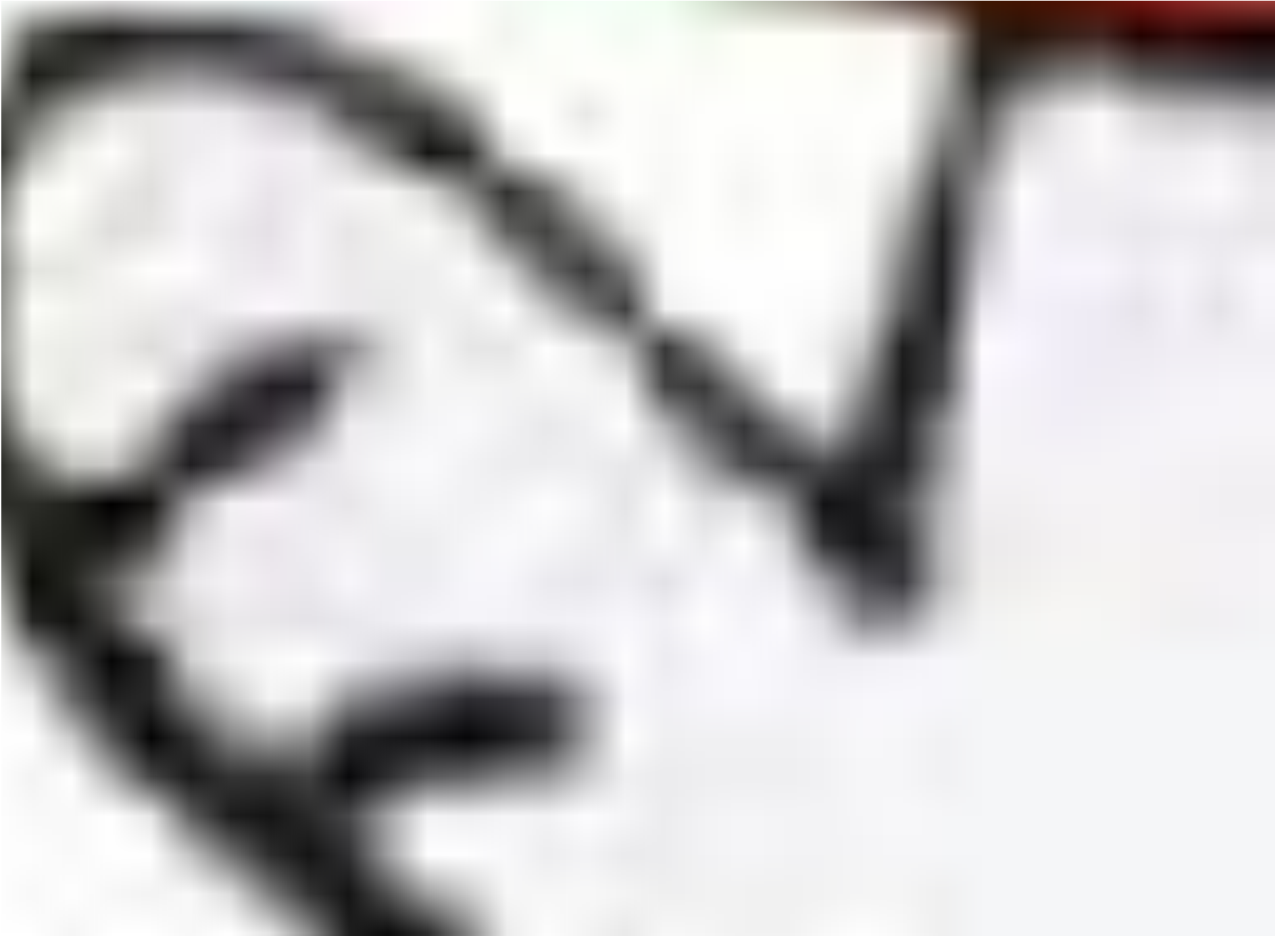
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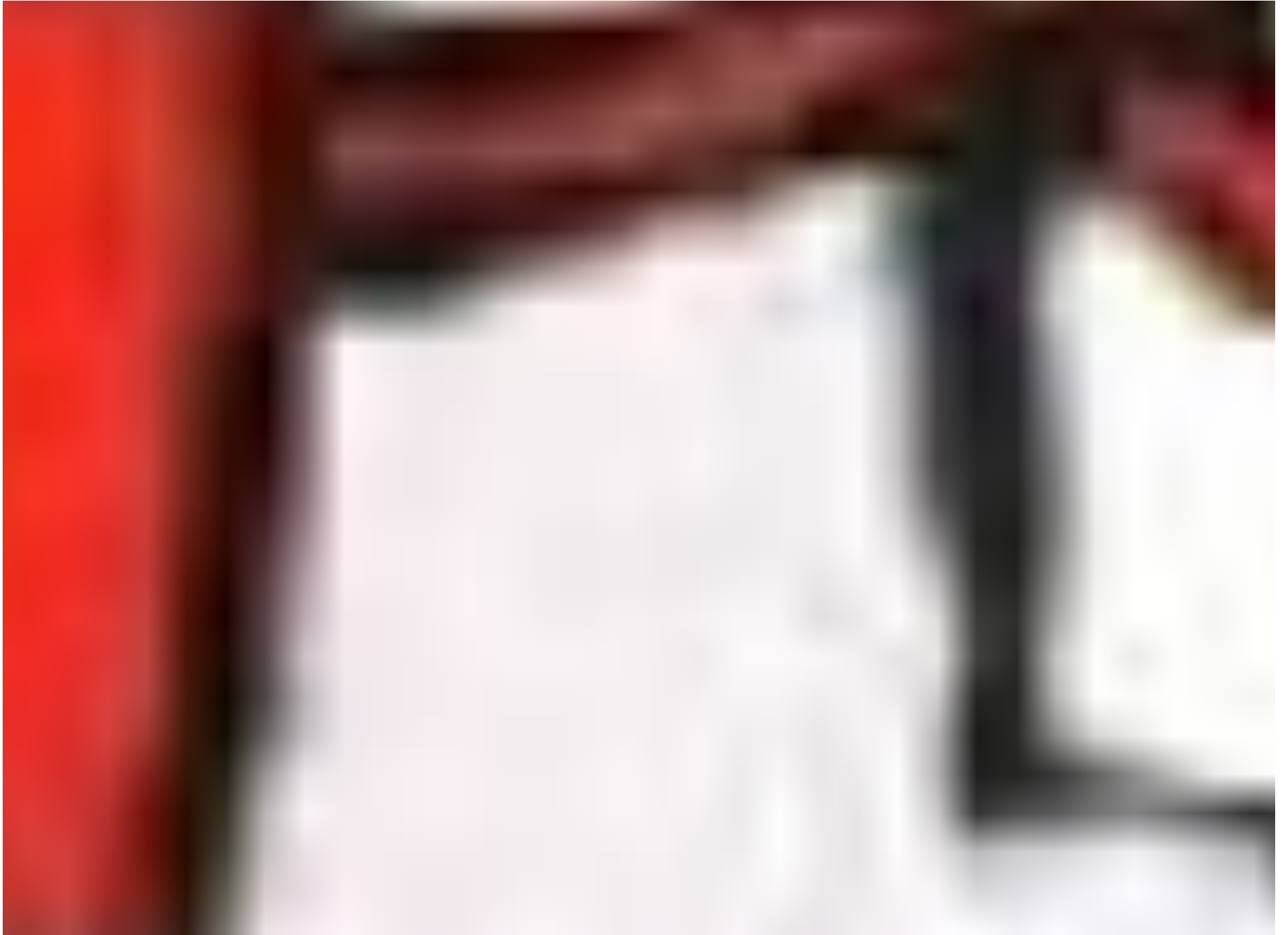
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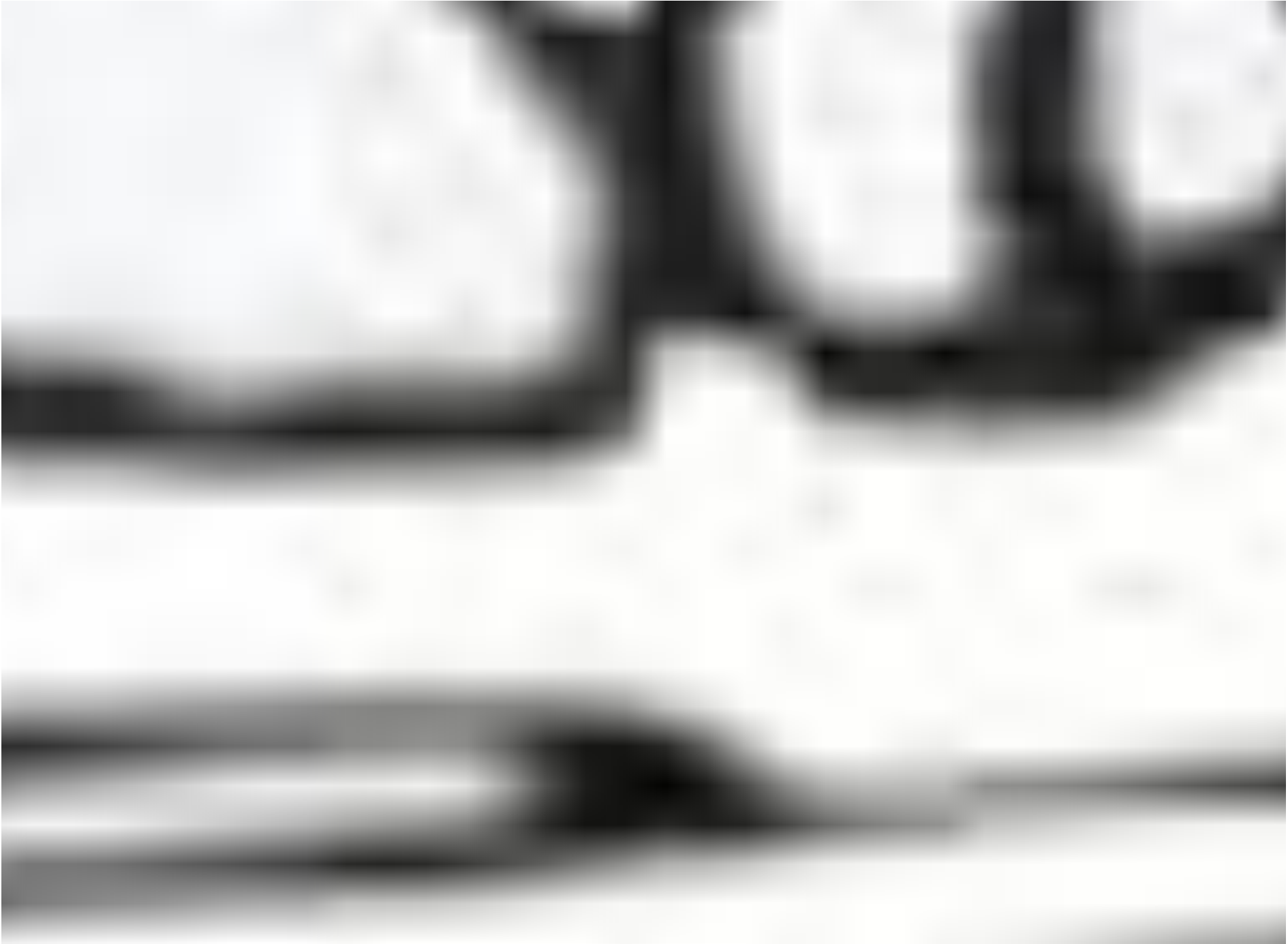
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