



September 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Bagels w/ Cream Cheese	2 Cereal w/ Milk	3 Muffins
Lunch			Cheese Quesdilla, Carrots, and Apple Sauce	Pasta w/ Alfredo, Peas, Peaches	Chicken Nuggets, Mixed Vegetables, Pineapple Tidbits
PM Snack			Sport Crackers	Pretzels	String Cheese
AM Snack	6 Cereal w/ Milk	7 Yogurt	8 Cereal Bars	9 English Muffins w/ Apple Butter	10 Cereal w/ Milk
Lunch	Grilled Cheese, Tomato Soup, and Pears	Waffles, Peas, and Pineapple Tidbits	Fish Sticks, Mixed Vegetables, Peaches	Turkey and Cheese Sandwiches, Green Beans, and Apple Sauce	Sloppy Joes, Corn, Oranges
PM Snack	Animal Crackers	Gold Fish	Vanilla Waffles	Pitas with Hummus	Fruit Cups
AM Snack	13 Bagels w/ Cream Cheese	14 Cereal w/ Milk	15 Muffins	16 Cereal w/ Milk	17 Yogurt
Lunch	Pizza Stix, Mixed Vegetables, and Peaches	Sunbutter and Jelly Sandwiches, Carrots, and Applesauce	Mac and Cheese, Green Beans, and Pineapple Tidbits	Cheeseburgers, Potatoes, and Oranges	French Toast Sticks, Peas, and Pears
PM Snack	Yogurt w/ Graham Crackers	Lemon Blueberry Bites	Waffle Grahams	Oatmeal Cookies	Pretzels
AM Snack	20 Cereal Bar	21 English Muffins w/ Apple Butter	22 Yogurt	23 Bagels w/ Cream Cheese	24 Cereal w/ Milk
Lunch	Cheesy Beef and Rice, Potatoes, and Oranges	Tortilini, Peas, and Peaches	Chicken Patty Sandwich, Mixed Vegetables, Applesauce	Pancakes with Jelly, Carrots, and Pears	Beefy Mac and Cheese, Green Beans, and Pineapple Tidbits
PM Snack	String Cheese	Sport Crackers	Fruit Cups	Animal Crackers	Lemon Blueberry Bites
AM Snack	27 Yogurt	28 Muffins	29 Cereal w/ Milk	30 Cereal Bars	
Lunch	Shredded Chicken Tacos, Rice, Peas, and Pears	Chicken Tenders, Corn, and Applesauce	BBQ Chicken Sliders, Potatoes, and Pineapple Tidbits	Chicken Parm, Carrots, and Peaches	
PM Snack	Pretzels	Pitas with Hummus	Vanilla Waffles	Yogurt w/ Graham Crackers	