



October 2021 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					1 Fruit Bar and Milk
Lunch					Soy butter & Jelly Sandwiches, Carrot sticks, Applesauce, & Organic Milk Infant/Tods: Steamed Carrots
PM Snack					Sweet Potato Crackers and Cream Cheese
AM Snack	4 Warm Biscuits with Apple Butter	5 English Muffin with Jelly	6 Bagels with Strawberry Cream Cheese	7 Cottage Cheese with Peaches	8 Graham Crackers with Fruit
Lunch	Cheese Ravioli, Broccoli, Peaches, and Organic Milk	Hamburger, Green Beans, Pineapple, and Organic Milk	Cheese Quesadillas, Corn, Mandarin Oranges and Organic Milk Infant/Tods: Smashed Peas	Spaghetti, Mixed Veggies, Applesauce, and Organic Milk	Turkey Melts, Peas & Carrots, Pears, and Organic Milk
PM Snack	Saltine Crackers with Cheese Slices	Animal Crackers with Pears	Goldfish with Tropical Fruit	Tortilla Chips and Salsa Infant/Tods: Cheerios	Trail Mix and Fruit
AM Snack	11 Toasted English Muffins with Cheese	12 Sweet Potato Crackers with Cream Cheese	13 Townhouse Crackers and Sun Butter	14 Strawberry Yogurt and Graham Crackers	15 Warm Biscuits and Preserves
Lunch	Chicken w/ Stir Fry Vegetables, Rice, Applesauce, and Organic Milk.	Bosco Sticks, Tomato Soup, Corn, Mixed Fruit, Organic Milk Infant/Tods: Broccoli	Beef Ravioli, Peas, Peaches and Organic Milk	Chicken Tenders, Mixed Veggies, Pears and Organic Milk	Fish Sticks, Carrots w/ Ranch, mandarin Oranges and Organic Milk Infant/Todd: Steamed Carrots
PM Snack	Wheat Thins and Carrot Sticks Infant/Tods: Steamed Carrots	Tortilla Chips and Salsa Infant and Tods: Cheerios	Hawaiian Rolls with Oranges	Ritz Crackers and Cheese	Kix Cereal with Bananas
AM Snack	18 Bagels with Cream Cheese	19 Toast and Sun butter	20 Fruit Bar and Milk	21 Waffles with Fruit	22 Bosco Sticks w/ Marinara
Lunch	Cheesy Chicken and Noodle Casserole, Mixed Vegetables, Pears, and Organic Milk.	Turkey & Cheese Wrap, Tator Tots, Pineapple, and Organic Milk	Chicken Nuggets, Green Beans, mandarin Oranges, and Organic Milk	Cheese Pizza, Peas & Carrots, Peaches, and Organic Milk	Breaded Chicken Patty on Bun, Broccoli, Applesauce, and Organic Milk
PM Snack	Apples and Town House Crackers	Corn Chips & Cheese Infant/Tods: Fruit	Sun Chips and Mango	Pretzels with Cucumbers Infant/Tods: Goldfish and Fruit	Crackers with Sliced Cheese
AM Snack	25 Corn Muffin with Organic Milk	26 French Toast Sticks w/ Applesauce	27 Cheeze-Its with Fruit	28 Vanilla Yogurt with Strawberries	29 Cheerios with Organic Milk
Lunch	Grilled Chicken w/ Rice, Green Beans, Pineapple, and Organic Milk	Mac & Cheese, Broccoli, Pears, and Organic Milk	Chicken Parm w/ Noodles, Mixed Vegetables, mandarin Oranges, and Organic Milk	Hamburger, Tator Tots, Peaches, and Organic Milk	Beef Tacos, Corn, Mixed Fruit, and Organic Milk
PM Snack	Wheat Thins and Carrot Sticks Infant/Tods: Steamed Carrots	Corn Chips & Salsa	Vegetable Crackers with Cream Cheese	Chef's Choice	Goldfish with Bananas