



September 2021 Menu



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|--|---|---|---|
| Breakfast | | | 1 | 2 | 3 |
| AM Snack | | | Turkey Sausage and Hashbrowns with Water | Oatmeal and Bananas with Water | Rice Krispys and Milk |
| Lunch | | | Cheesy Rice with Ham Bake, Carrots, and Peaches (v. Veggie Crumble Rice Bake) | Cheese Pizza with Pepperoni, Fresh Salad, Mangos, and Milk | Chicken Nuggets, Green Beans, Applesauce, and Milk (v: Veggie Burger) |
| PM Snack | | | Goldfish Crackers and Fresh Fruit with Water | Sweet Potato Crackers and Cream Cheese with Water | Apples and Sun Butter (I/T: Graham Crackers) |
| Breakfast | 6 | 7 | 8 | 9 | 10 |
| AM Snack | Chesterbrook | Yogurt and Granola with Water | Cheerios and Milk | Hawaiian Rolls and Jelly with Water | Graham Crackers and Cream Cheese with Water |
| Lunch | Closed | Waffles, Turkey Sausage, Peas, Peaches, and Milk | Baked Mostaccioli with Beef Crumbles, Fresh Salad, Mangos, and Milk | Chicken Quesadillas, Broccoli, Pears, and Milk (v. Cheese Quesadilla) | Ham and Cheese Roll Up, Peas, Mandrain Oranges, and Milk (Sun Butter and Jelly Roll Up) |
| PM Snack | Happy Labor Day! | Wheat Thins and Cheese Slices with Water | Tortilla Chips and Salsa | Goldfish Crackers and Apples with Water (I/T: Applesauce) | Pita Bread and Sun Butter |
| Breakfast | 13 | 14 | 15 | 16 | 17 |
| AM Snack | Hashbrowns and Turkey Sausage with Water | English Muffins and Jelly with Water | Nutrigrain Bar and Banana with Water | Chex and Milk | Graham Crackers and Cream Cheese with Water |
| Lunch | Creamy Chicken and Noodle Casserole, Carrots, Pears (v: Cream of Mushroom Casserole) | Beef Tacos, Broccoli, Mangos, and Milk (v: Beef Sub Crumbles) | BBQ Chicken, Mixed Veggies, Applesauce, and Milk (v: Veggie Burger) | Ham and Cheese on a Hawaian Roll, Carrots, Pineapple, and Milk (v: Sun Butter and Jelly on Hawaian Roll) | Pepperoni Pizza, Green Beans, Applesauce, and Milk (v: Veggie Burger) |
| PM Snack | Tortilla Chips and Nacho Cheese with Water (I/T: Puffs and Fruit) | Graham Crackers and Fresh Fruit with Water | Corn Bread and Milk | Sweet Potato Crackers and Cream Cheese with Water | Wheat Crackers and Bananas with Water |
| Breakfast | 20 | 21 | 22 | 23 | 24 |
| AM Snack | Cheerios and Milk | Biscuits and Jelly with Water | Oatmeal and Bananas with Water | Blueberry Muffins and Milk | Mini Bagels with Cream Cheese and Water |
| Lunch | Chicken Tacos, Carrots, Mixed Fruit, and Milk (v: Veggie Crumble Tacos) | Mac and Cheese with Diced Ham, Diced Peachers, Peas, and Milk (v: Mac and Cheese with Veggie Crumbles) | Cheeseburger Sliders, Salad, Mandrain Oranges, and Milk (v: Veggie Burger) | Chicken and Rice Stir Fry with Sweet and Sour Sauce, Stir Fry Veggies, Pineapple, and Milk (v: Veggie Crumble Stir Fry) | Turkey and Cheese Wraps, Mixed Veggies, Bananas, and Milk (v: Sun Butter Wrap) |
| PM Snack | Corn Bread and Milk | Pita Bread and Sun Butter with Water | Fresh Fruit and Graham Crackers with Water | Tortilla Chips and Salsa with Water (I/T: Cheerios and Applesauce) | Goldfish Crackers and Apples with Water (I/T: Fruit) |
| Breakfast | 27 | 28 | 29 | 30 | |
| AM Snack | Yogurt with Granola and Water | Mini Bagels with Cream Cheese and Water | Turkey Sausage and Hashbrowns with Water | Oatmeal and Bananas with Water | Rice Krispys and Milk |
| Lunch | Grilled Cheese, Tomato Soup, Carrots, Pineapple, and Milk (v: Sun Butter and Jelly on Hawaian Roll) | Taco Pasta with Beans, Cheese and Tortilla Chips, Mixed Veggies, Mandrain Oranges, and Milk | Cheesy Rice with Ham Bake, Carrots, and Peaches (v: Veggie Crumble Rice Bake) | Cheese Pizza with Pepperoni, Fresh Salad, Mangos, and Milk | Chicken Nuggets, Green Beans, Applesauce, and Milk (v: Veggie Burger) |
| PM Snack | Bosco Sticks and Marinara with Water | Wheat Thins and String Cheese with Water | Goldfish Crackers and Fresh Fruit with Water | Sweet Potato Crackers and Cream Cheese with Water | Graham Crackers and Sun Butter with Water |