

November 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
AM Snack	cereal		yogurt	banana	bagel w/cream cheese
Lunch	pancakes, sausage & fruit	Chef's Choice	turkey & cheese sandwich, fruit & wheat chips	chicken nuggets, fries & veggie	spaghetti w/red sauce, garlic rolls & salad
PM Snack	tortilla chips w/salsa		granola bites	grahama crackers	fruit
	8	9	10	11	12
AM Snack	fruit		oatmeal bar		cereal
Lunch	fish bites, rice pilaf & veggie	Chef's Choice	meatloaf, mac & cheese & fruit	SCHOOL CLOSED	chicken cacciatore & fruit
PM Snack	cheese sticks		peppers w/hummus		ice cream cup
	15	16	17	18	19
AM Snack	oranges		cereal	muffin	applesauce
Lunch	egg patty, turkey bacon & fruit	Chef's Choice	grilled cheese, tomato soup & fruit	salsbury steak nuggets, mashed potatoes & fruit	pizza, salad & fruit
PM Snack	cheese & crackers		apple slices w/sunbutter	carrot sticks w/dip	waffle graham
	22	23	24	25	26
AM Snack	yogurt		cereal		granola bar
Lunch	red beans w/rice & cucumbers w/dip	Chef's Choice	Thanksgiving Feast	SCHOOL CLOSED	tortellini alfredo, veggie & fruit
PM Snack	animal crackers		banana		vanilla wafers
	29	30			
AM Snack	oatmeal bar				
Lunch	french toast sticks, hasbrowns & fruit	Chef's choice			
PM Snack	chocolate pudding				