

Chesterbrook Academy December 2021 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on December 6, 2021					
A.M. Snack	CHEERIOS, BANANAS, MILK 2%	YOGURT, PEACHES, MILK 2%	CEREAL BAR, MILK 2%	MUFFIN, PEARS, MILK 2%	CORNFLAKES, APPLESAUCE, MILK 2%
Lunch	FISH STICKS, SWEET POTATO FRIES, MIXED FRUIT, MILK 2%	CHEESE RAVIOLI, SALAD, APPLE SLICES, MILK 2%	CHICKEN PATTY, TATER TOTS, PEARS, MILK 2%	CHEESE QUESADILLA, BROCCOLI, MANDARIN ORANGES, MILK 2%	CHICKEN AND RICE, CARROTS, PEACHES, MILK 2%
P.M. Snack	YOGURT	GOLDFISH CRACKERS	PITA AND HUMMUS	TOLLHOUSE CRACKERS, CHEESE	GRAHAM CRACKERS
Week Beginning on December 13, 2021					
A.M. Snack	RICE KRISPIES CEREAL, PEARS, MILK 2%	BAGEL WITH JELLY, MILK 2%	CHEF'S CHOICE	CHEERIOS, APPLESAUCE, MILK 2%	OATMEAL, MIXED FRUIT, MILK 2%
Lunch	CHICKEN NUGGETS, TATER TOTS, MANDARIN ORANGES, MILK 2%	CHICKEN ALFREDO, CARROTS, BANANA, MILK 2%	CHEF'S CHOICE	MACARONI AND CHEESE, PEAS, FRESH ORANGE SLICES, MILK 2%	CHICKEN FRIES, GREEN BEANS, MIXED FRUIT, MILK 2%
P.M. Snack	PRETZELS	WHEAT CRACKERS	CHEF'S CHOICE	SALTINE CRACKERS, CHEESE CUBES	APPLE SLICES
Week Beginning on December 20, 2021					
A.M. Snack	MUFFIN, PEARS, MILK 2%	ENGLISH MUFFIN WITH CHEESE, MILK 2%	YOGURT, PEACHES, MILK 2%	BAGELS WITH APPLE BUTTER, MILK 2%	CLOSED
Lunch	SPAGHETTI, CORN, MIXED BERRIES, MILK 2%	PANCAKES, TURKEY SAUSAGE, BANANAS, MILK 2%	CHICKEN PATTY, GREEN BEANS, MIXED TROPICAL FRUIT, MILK 2%	TOMATO SOUP, GRILLED CHEESE SANDWICH, MANDARIN ORANGES, MILK 2%	CLOSED
P.M. Snack	GOLDFISH CRACKERS	BABY CARROTS, RANCH DRESSING	SALTINES AND CHEESE	GRAHAM CRACKERS AND CREAM CHEESE	CLOSED
Week Beginning on December 27, 2021					
A.M. Snack	CHEF'S CHOICE	BLUEBERRY MUFFIN, MILK 2%	WHOLE WHEAT TOAST SLICE, JELLY, MILK 2%	CHEERIOS CEREAL, PEARS, MILK 2%	CLOSED
Lunch	CHEF'S CHOICE	CHEESE QUESADILLA, BROCCOLI, PEACHES, MILK 2%	CHEESE RAVIOLI, SALAD, APPLE SLICES, MILK 2%	FISH STICKS, TATER TOTS, MIXED FRUIT, MILK 2%	CLOSED
P.M. Snack	CHEF'S CHOICE	PRETZELS	FRESH CUCUMBERS, RANCH DRESSING	YOGURT	CLOSED