



December, 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Chefs Choice	2 Whole Grain Waffles with Sugar Free Syrup, Fresh Bananas, Milk	3 Whole Wheat Toast with Sugar Free Jelly, Fresh Banana, Milk
Lunch			Chefs Choice	Baked Chicken Nuggets, Steamed Rice, Unsweetened Applesauce, Milk	Baked Pepperoni Pizza Sticks, Carrot Sticks With Fat Free Ranch Dressing, Diced Peaches, Milk
PM Snack			Chefs Choice	Caramel Rice Cakes, 100% Fruit juice	Cheddar Cheese Cubes, Saltine Crackers, Chilled Water
AM Snack	6 Low Fat Yogurt with Granola, Milk	7 Whole Grain Cereal, Fresh Orange Slices, Milk	8 Buttermilk Biscuits with Turkey Sausage, Fresh Strawberries, Milk	9 Fresh Baked Whole Grain Blueberry Muffin, Milk	10 Whole Wheat Pancakes, with Sugar Free Syrup, Pineapple Chunks, Milk
Lunch	Cheese Pizza, Steamed Corn, Mandarin Orange, Milk	Baked Fish Sticks, Baked Tater Tots, Diced Peaches, Milk	Spanish Rice with Chicken, Steamed Corn, Fresh Apple Slices, Milk	Whole Wheat Cheese Quesadillas, Fresh Carrot Sticks with Fat Free Ranch Dressing, Pineapple Tidbits, Milk	Chicken Salad Sandwich on Warm Croissant, Salad With Fat Free Ranch Dressing, Diced Pears, Milk
PM Snack	Animal Crackers, 100% Fruit Juice	Baked Mozzarella Cheese Sticks with Marinara sauce, Chilled Water	String Cheese, Saltine Crackers, Chilled Water	Ritz Crackers, Fresh Banana, Chilled Water	Whole Grain Gold Fish Crackers, Fresh Bananas, Chilled Water
AM Snack	13 Nutrigrain Fruit Bars, Milk	14 Whole Grain Cereal, Fresh Banana, Milk	15 Low Fat Yogurt with Fruit and Granola, Milk	16 Whole Wheat Bagels with Cream Cheese, Milk	17 Whole Wheat Cinnamon Toast, Fresh Orange Slices, Milk
Lunch	Whole Wheat Cheese Pizza, Carrot Sticks with Fat Free Ranch Dressing, Diced Peaches, Milk	Whole Grain Tortellini Tomato Bisque, Fruit Cocktail, Milk	Chicken Patty Sandwich, Fresh Cucumber Slices with Fat Free Ranch Dressing, Fresh Apple Slices, Milk	Turkey and Cheese Rollup, Diced Carrots, Fresh Bananas, Milk	Chicken and Broccoli Alfredo, Unsweetened Applesauce, Milk
PM Snack	Honey Graham, 100% Fruit Juice	String Cheese, Fresh Apple Slices, Chilled Water	Whole Grain Gold Fish Crackers, 100% Fruit Juice	Carrot Sticks with Fat Free Ranch Dressing, Saltine Crackers, Chilled Water	Roasted Red Pepper Hummus on Whole Wheat Pita Bread, Chilled Water
AM Snack	20 Nutrigrain Fruit Bars, Milk	21 Whole Grain Cereal, Fresh Orange Slices, Milk	22 Waffles with Sugar Free Syrup, Fresh Pineapple Chunks, Milk	23 Egg and Cheese on English Muffin, Fresh Apple Slices, Milk	24 CBA CLOSED
Lunch	Baked Fish Sticks, Baked Tater Tots, Mandarin Orange, Milk	Grilled Cheese Sandwich on Whole Wheat Bread, Tomato Soup, Diced Peaches, Milk	Chicken and Dumpling, Steamed Broccoli, Diced Pears, Milk	Baked Macaroni and Cheese, Steamed Green Beans, Fruit Cocktail, Milk	CBA CLOSED
PM Snack	Honey Graham Crackers, 100% Fruit Juice	Whole Grain Cheez-its Crackers, 100% Fruit Juice	Cheddar Rice Cakes, Fresh Apple Slices, Chilled Water	Whole Grain Gold Fish Crackers, 100% Fruit Juice	CBA CLOSED
AM Snack	27 Low Fat Yogurt with Granola, Milk	28 Fresh Baked Banana Muffins, Milk	29 Warm Cinnamon Raisin Bagels with Butter, Milk	30 Whole Grain Cereal, Fresh Banana, Milk	31 CBA CLOSED
Lunch	Baked Chicken Nuggets, Baked Potato Wedges, Pineapple Tidbits, Milk	Bar-B-Que Chicken Sandwich on Whole Wheat Buns, Cole Slaw, Diced Peaches, Milk	Whole Grain Cheese Pizza, Fresh Cucumber Slices, Diced Pears, Milk	Turkey and Cheese Sandwich on Whole Wheat Bread, , Diced Carrots, Fresh Bananas, Milk	CBA CLOSED
PM Snack	Roasted Red Pepper Hummus on Whole Wheat Pita Bread	Chex Mix, 100% Fruit Juice	Saltine Crackers with Mild Cheddar Cheese Cubes, Chilled Water	Mini Pretzels, 100% Fruit Juice	CBA CLOSED

