



6210 Multiplex Drive, Centreville, VA 20125324 (703) 968-2939

December 2021 Menu

		V	Veek 1		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/6/2021	12/7/2021	12/8/2021	12/9/2021	12/10/2021
BREAKFAST:	11/0/2011	12,7,2022	12/0/2011	12, 3, 1421	12/ 20/ 2022
	Tasteeo Cereal & Fruit	Bagels & Cream Cheese	Rice krispies & Fruit	Egg Patty & Fruit	Cornflakes & fruit
LUNCH:		<u> </u>			
LONGIII	Chicken Patty	Grilled Cheese	Spaghetti	Hot Dogs & Baked Beans	Perogies
	Whole Milk (age 1) or	Whole Milk (age 1) or 2% Milk	Whole Milk (age 1) or 2%	Whole Milk (age 1) or 2%	Whole Milk (age 1) or
	2% Milk (age 2+)	(age 2+)	Milk (age 2+)	Milk (age 2+)	2% Milk (age 2+)
	Corn	Green Beans	Peas	Baked Beans	Mixed Vegetables
	Peaches	Pears	Pineapples	Mandrian Oranges	Fruit Cocktail
PM SNACK:					
	Spiker Crackers & Cheese	Strawberry Waffle Grahams& Fruit	Cheezeits & Cheese	Sport bites & Fruit	Saltines & Cheese
			Veek 2		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/13/2021	12/14/2021	12/15/2021	12/16/2021	12/17/2021
BREAKFAST:	12, 13, 2021	12/14/2021	11, 13, 1011	12,10,2021	12/17/2021
	Rice Krispies & Fruit	Oatmeal & Fruit	Cornflakes & Fruit	Bagels & Cream Cheese	Chefs Choice
LUNCH:					
	Chicken Nuggets	Sloppy Joe	Chicken Alfredi	Fish Sticks	Chefs Choice
	Whole Milk (age 1) or	Whole Milk (age 1) or 2% Milk	Whole Milk (age 1) or 2%	Whole Milk (age 1) or 2%	Whole Milk (age 1) or
	2% Milk (age 2+)	(age 2+)	Milk (age 2+)	Milk (age 2+)	2% Milk (age 2+)
	Peas	Corn	Broccoli	Green Beans	Chefs Choice
	Pineapples	Fruit Cocktail	Peaches	Pears	Chefs Choice
PM SNACK:	2.7.7.		33.5.3.5		
	Graham Crackers & Fruit	Townhouse Crackers & Cheese	Yogurt & Mixed Berries	Fresh Apples & Sun Butter	Chefs choice
		V	Veek 3		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/20/2021	12/21/2021	12/22/2021	12/23/2021	12/24/2021
BREAKFAST:		•		•	
	Cornflakes & Fruit	Egg Patty & Fruit	tasteeos & Fruit	Oatmeal & Fruit	
LUNCH:					
	Chicken Nuggets	Sloppy Joe	Chicken Alfredi	Fish Sticks	
	Whole Milk (age 1) or	Whole Milk (age 1) or 2% Milk	Whole Milk (age 1) or 2%	Whole Milk (age 1) or 2%	CLOSED
	2% Milk (age 2+)	(age 2+)	Milk (age 2+)	Milk (age 2+)	
	Peas	Corn	Broccoli	Green Beans	
	Pineapples	Fruit Cocktail	Peaches	Pears	
PM SNACK:					
	Graham Crackers & Fruit	Townhouse Crackers & Cheese	Yogurt & Mixed Berries	Fresh Apples & Sun Butter	Chefs choice
		V	Veek 4		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/27/2021	12/28/2021	12/29/2021	12/30/2021	12/31/2021
BREAKFAST:					
	Tasteeo Cereal & Fruit	Bagels & Cream Cheese	Rice krispies & Fruit	Egg Patty & Fruit	
LUNCH:					
	Perogies	Chicken Quesadilla	Beef Sub	Pizza	CLOSED
	Whole Milk (age 1) or	Whole Milk (age 1) or 2% Milk	Whole Milk (age 1) or 2%	Whole Milk (age 1) or 2%	
	2% Milk (age 2+)	(age 2+)	Milk (age 2+)	Milk (age 2+)	
	Green Beans	Corn	Peas	Carrots	
	Fruit Cocktail	Pears	Peaches	Pineapples	
PM SNACK:					
	Spiker Crackers & Cheese	Strawberry Waffle Grahams& Fruit	Fresh Apples & Sun Butter	Saltinres & Cheese	
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