

Chesterbrook Academy February 2022 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on February 1, 2022					
A.M. Snack	CEREAL, FRUIT, 2% MILK	OATMEAL, MILK 2%	CEREAL, FRUIT, MILK 2%	CHEF'S CHOICE	TURKEY SAUSAGE, FRUIT, MILK 2%
Lunch	CHICKEN NOODLE SOUP, VEGETABLE, FRUIT, MILK 2%	CHEESE RAVIOLI, VEGETABLE, FRUIT, MILK 2%	SPAGHETTI, VEGETABLE, FRUIT, MILK 2%	CHEF'S CHOICE	CHICKEN NUGGETS, VEGETABLE, FRUIT, MILK 2%
P.M. Snack	PRETZELS	BERRY LOAF	CHEEZ-IT CRACKERS	CHEF'S CHOICE	CHEESE SLICES, SALTINE CRACKERS
Week Beginning on February 7, 2022					
A.M. Snack	CEREAL, FRUIT, MILK 2%	PANCAKES, FRUIT, MILK 2%	TOAST, APPLE BUTTER, MILK 2%	CEREAL, FRUIT, MILK 2%	YOGURT, MILK 2%
Lunch	PIZZA, SALAD, FRUIT, MILK 2%	SUNBUTTER AND JELLY SANDWICH, VEGETABLE, FRUIT, MILK 2%	MAC AND CHEESE, VEGETABLE, FRUIT, MILK 2%	CHEESE QUESDILLA, VEGETABLE, FRUIT, MILK 2%	TOMATO SOUP, GRILLED CHEESE SANDWICH, FRUIT, MILK 2%
P.M. Snack	BANANAS	WHEAT CRACKERS, CHEESE STICKS	CARROTS, RANCH DRESSING	FRESH APPLES	GRAHAM CRACKERS
Week Beginning on February 14, 2022					
A.M. Snack	CEREAL BAR, MILK 2%	WAFFLES, FRUIT MILK 2%	CEREAL, FRUIT, MILK 2%	BAGELS, JELLY, MILK 2%	CHEF'S CHOICE
Lunch	SPAGHETTI, VEGETABLE, FRUIT, MILK 2%	CHICKEN PATTY, VEGETABLE, FRUIT, MILK 2%	DICED TURKEY WITH GRAVY, MASHED POTATOES, FRUIT, MILK 2%	CHICKEN AND RICE, VEGETABLE, FRUIT, MILK 2%	CHEF'S CHOICE
P.M. Snack	SALTINES AND CHEESE	FRESH ORANGES	YOGURT	PRETZELS	CHEF'S CHOICE
Week Beginning on February 21, 2022					
A.M. Snack	PANCAKES, FRUIT, MILK 2%	CEREAL, FRUIT MILK 2%	CEREAL BAR, MILK 2%	TOAST, JELLY, MILK 2%	CEREAL, FRUIT, MILK 2%
Lunch	TURKEY AND CHEESE SANDWICH, VEGETABLE, FRUIT	CHICKEN FRIES, TATER TOTS, FRUIT, MILK 2%	MEATLOAF, MASHED POTATOES, FRUIT, MILK 2%	PIZZA, VEGETABLE, FRUIT, MILK 2%	CHEESE RAVIOLI, VEGETABLES, FRUIT, MILK 2%
P.M. Snack	CHEEZ-IT CRACKERS	GRAHAM CRACKERS, CREAM CHEESE	CUCUMBERS, RANCH DRESSING	APPLE SLICES	FRESH ORANGES