



Chesterbrook Academy
6210 Multiplex Drive, Centreville, VA 20125324 (703) 968-2939

February 2022

Week 1						
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:	1/31/2022	2/1/2022	2/2/2022	2/3/2022	2/4/2022	
BREAKFAST:						
	Tasteo Cereal & Fruit	Banana Muffin & fruit	Rice Krispies & Fruit	Cranberry Orange Muffin & Fruit	Cornflakes& Fruit	
LUNCH:						
	Pierogies	Fishsticks	Corn Dogs	Chicken Patty	Pizza	
	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)
	Carrots	Green Beans	Corn Dogs	Peas	Mixed Vegetables	
	Fruit Cocktail	Pineapple	Madrian Oranges	Peaches	Pears	
PM SNACK:						
	Strawberry Cookies	Townhouse Crackers & Cheese	Graham Crackers & Fruit	Goldfish & Cheese	Animal Crackers & Fruit	
Week 2						
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:	2/7/2022	2/8/2022	2/9/2022	2/10/2022	2/11/2022	
BREAKFAST:						
	Tasteo Cereal & Fruit	Banana Muffin & fruit	Rice Krispies & Fruit	Cranberry Orange Muffin & Fruit	Cornflakes& Fruit	
LUNCH:						
	Chicken Nuggets	Pizza	Corn Dogs	Pierogies	Fish Sticks	
	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)
	Carrots	Corn	Peas	Mixed Vegetables	Corn	
	Peaches	Pears	Pineapples	Mandrain Ornaqes	Apple Sauce	
PM SNACK:						
	Cheezits & Cheese	Graham Crackers & Fruit	Saltine Crackers & Cheese	Strawberry Waffle Grahams & Fruit	Pretzels & Cheese	
Week 3						
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:	2/14/2022	2/15/2022	2/16/2022	2/17/2022	2/18/2022	
BREAKFAST:						
	Rice Krispies & Fruit	Banana Muffin & fruit	Corn flakes & Fruit	Cranberry Orange Muffin & Fruit	Tasteos & Fruit	
LUNCH:						
	Chicken Patty	Corn Dogs	Pizza	Beef Mac&Cheese	Chicken Nuggets	
	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)
	Peas	Green Beans	Carrots	Mixed Vegetables	Corn	
	Fruit Cocktail	Pineapple	Apple Sauce	Peaches	Pears	
PM SNACK:						
	Saltines & Cheese	Graham Crackers & Fruit	Goldfish & Cheese	Animal Crackers & Fruit	Pretzels & Cheese	
Week 4						
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:	2/21/2022	2/22/2022	2/23/2022	2/24/2022	2/25/2022	
BREAKFAST:						
	Cornflakes & Fruit	Oatmeal & Fruit	Tasteos & Fruit	Egg Patty & Fruit	Rice Krispies & Fruit	
LUNCH:						
	Sloppy Joe	Corn Dogs	Spaghetti	Beef Sub	Pierogies	
	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)	Whole Milk (age 1) or 2% Milk (age 2+)
	Carrots	Corn Dogs	Green Beans	Peas	Mixed Vegetables	
	Peaches	Pears	Pineapples	Applesauce	Mandarin Oranges	
PM SNACK:						
	Goldfish & Cheese	Graham Crackers & Sunbutter	Saltines & Cheese	Strawberry Waffle Grahams & Fruit	Pretzels & Cheese	