Chesterbrook Academy March 2022 Menu

Fresh or Frozen Produce, Wheat, Whole-Grain, & Multi-Grain items.

Vegetarian option. Menu subject to change.

Week Beginning on February 28, 2022					
A.M. Snack	WAFFLES, FRUIT, MILK 2%	MUFFIN TOP CHOCOLATE CHIP, FRUIT, MILK 2%	CEREAL, FRUIT, MILK 2%	OATMEAL, FRUIT, MILK 2%	CEREAL, FRUIT, MILK 2%
Lunch	GRILLED CHICKEN, PEAS, FRUIT, MILK 2%	DICED TURKEY WITH GRAVY, MASHED POTATOES, FRUIT, MILK 2%	CHICKEN NOODLE SOUP, BISCUITS, FRUIT MILK 2%	CHEESE QUESADILLA, CORN, FRUIT, MILK 2%	CHICKEN ALFREDO, MIXED VEGETABLES, FRUIT, MILK 2%
P.M. Snack	FRESH ORANGE SLICES	PRETZELS	CHEESE AND CRACKERS	FRESH APPLE SLICES	CHEEZ-IT CRACKERS
Week Beginning on March 7, 2022					
A.M. Snack	CEREAL, FRUIT MILK 2%	OATMEAL, FRUIT, MILK 2%	CEREAL, FRUIT, MILK 2%	CHEF'S CHOICE	TOAST, JELLY, MILK 2%
Lunch	TURKEY SLOPPY JOE, CORN, FRUIT, MILK 2%	CHEESE PIZZA, SALAD, FRUIT, MILK 2%	CHICKEN WRAP, CARROTS, FRUIT, MILK 2%	CHEF'S CHOICE	RAVIOLI, SALAD, FRUIT, MILK 2%
P.M. Snack	PRETZELS	GRAHAM CRACKERS, CREAM CHEESE	ANIMAL CRACKERS	CHEF'S CHOICE	YOGURT
Week Beginning on March 14, 2022					
A.M. Snack	CEREAL BARS, MILK 2%	WAFFLES, FRUIT, MILK 2%	CEREAL, FRUIT, MILK 2%	ENGLISH MUFFINS, JELLY, MILK 2%	CEREAL, FRUIT, MILK 2%
Lunch	CHICKEN SALAD SANDWICH, CARROTS, FRUIT, MILK 2%	SPAGHETTI, GREEN BEANS, FRUIT, MILK 2%	MAC AND CHEESE, GREEN BEANS, FRUIT, MILK 2%	SUNBUTTER AND JELLY SANDWICH, CELERY STICKS, FRUIT, MILK 2%	FISH STICKS, CORN, FRUIT, MILK 2%
P.M. Snack	STRING CHEESE AND CRACKERS	PITA AND HUMMUS	GOLDFISH CRACKERS	YOGURT	GRAHAM CRACKERS
Week Beginning on March 21, 2022					
A.M. Snack	PANCAKES, FRUIT, MILK 2%	CEREAL, FRUIT, MILK 2%	BLUEBERRY MUFFIN, MILK 2%	CEREAL, FRUIT, MILK 2%	CEREAL BAR, MILK 2%
Lunch	TOMATO SOUP,GRILLED CHEESE SANDWICH, FRUIT, MILK 2%	MEATLOAF, CORN, FRUIT, MILK 2%	CHICKEN NUGGETS, BROCCOLI, FRUIT, MILK 2%	FRENCH TOAST STICKS, TURKEY SAUSAGE, FRUIT, MILK 2%	CHICKEN TACO WITH LETTUCE AND CHEESE, FRUIT, MILK 2%
P.M. Snack	FRESH APPLE SLICES	CHEESE SLICES AND SALTINE CRACKERS	PRETZELS	STRAWBERRY CHEX MIX	ANIMAL CRACKERS
Week Beginning on March 28, 2022					
A.M. Snack	CEREAL, FRUIT, MILK 2%	YOGURT, MILK 2%	CHEF'S CHOICE	BANANA MUFFINS, MILK 2%	CEREAL, FRUIT, MILK 2%
Lunch	TURKEY AND CHEESE WRAP, CARROTS, FRUIT, MILK 2%	PIZZA, SALAD, FRUIT, MILK%	CHEF'S CHOICE	DICED TURKEY WITH GRAVY, BROCCOLI, FRUIT, MILK 2%	CHICKEN AND RICE, PEAS, FRUIT, MILK 2%
P.M. Snack	BANANA	GOLDFISH CRACKERS	CHEF'S CHOICE	PITA AND HUMMUS	YOGURT