

Chesterbrook Academy April 2022 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on April 4, 2022					
A.M. Snack	CORNFLAKES CEREAL, APPLE SLICES , MILK 2%	WG BISCUIT , BANANA, MILK 2%	TASTEEOS CEREAL, PEACHES, MILK 2%	FRENCH TOAST STICKS WITH SUGAR FREE SYRUP, APPLESAUCE, MILK 2%	CHEF'S
Lunch	DICED TURKEY HAM, MASHED POTATOES, PINEAPPLE, MILK 2%	GRILLED CHEESE ON WHEAT BREAD , STRINGBEANS, SLICED STRAWBERRIES , MILK 2%	CHICKEN PATTY ON WHOLE WHEAT BUN , BROCCOLI, DICED PEARS, MILK 2%	VEGETABLE BEEF SOUP, WG SALTINES , MIXES TROPICAL FRUIT, MILK 2%	CHOICE
P.M. Snack	BABY CARROTS , RANCH DRESSING	WHOLE GRAIN CEREAL BAR	SLICED CUCUMBERS , RANCH DRESSING	WG WHEAT CRACKERS , COLBY JACK CHEESE STICK	DAY
Week Beginning on April 11, 2022					
A.M. Snack	CORN FLAKES CEREAL, PEARS, MILK 2%	WG ENGLISH MUFFIN , APPLEBUTTER, MILK 2%	RICE KRISPIES CEREAL, MILK 2%	WHOLE GRAIN PANCAKE , SUGAR FREE SYRUP, ORANGE SLICES , MILK 2%	TASTEEOS CEREAL, BANANA , MILK 1%
Lunch	FISH STICKS, CORN, FRESH APPLES , MILK 2%	RAVIOLI, STRINGBEANS , PEARS, MILK 2%	CHICKEN NUGGETS, DICED CARROTS, FRESH ORANGES , MILK 2%	WHOLE GRAIN PIZZA , FRESH TOSSED SALAD, RANCH DRESSING, PEACHES, MILK 2%	CHICKEN AND RICE WITH MIXED VEGETABLES, FRUIT COCKTAIL, MILK 2%
P.M. Snack	PRETZELS	GREEK STRAWBERRY YOGURT	TOWNHOUSE CRACKERS , CHEESE SLICES	WG CHEEZ-IT CRACKERS	WG ANIMAL CRACKERS
Week Beginning on April 18, 2022					
A.M. Snack	RICE KRISPIES CEREAL, BANANA , MILK 2%	WG WAFFLE WITH SUGAR FREE SYRUP, BLUEBERRIES , MILK 2%	WHOLE GRAIN ENGLISH MUFFIN , APPLE BUTTER, MILK 2%	WG BISCUIT, BANANA, MILK 2%	TASTEEOS CEREAL, PEARS, MILK 1%
Lunch	CHICKEN TACO WITH SHREDDED LETTUCE AND CHEESE, CANTALOUPE , MILK 2%	TOMATO SOUP, WG SALTINES , MANDARIN ORANGES, MILK 2%	WG SPAGHETTI , CORN, PEARS, MILK 2%	WHOLE GRAIN CHICKEN PATTY , BROCCOLI FLORETS, FRESH HONEYDEW MELON , MILK 2%	WG MACARONI AND CHEESE, PEAS, APPLESAUCE, MILK 2%
P.M. Snack	GRAHAM CRACKERS , CREAM CHEESE	FRESH APPLE , SUNBUTTER	WG WHEAT CRACKERS , MOZZARELLA STRING CHEESE	GREEK STRAWBERRY YOGURT	BABY CARROTS , RANCH DRESSING
Week Beginning on April 25, 2022					
A.M. Snack	HONEY GRAHAM SQUARES CEREAL, MILK 2%	TASTEEO CEREAL, STRAWBERRIES, MILK 2%	CHEF'S	WHOLE WHEAT TOAST SLICE , APPLE BUTTER, MILK 1%	YOGURT, DICED PEACHES , MILK 1%
Lunch	CHEESE QUESADILLA ON WHOLE WHEAT TORTILLA , CARROTS, DICED PEARS, MILK 2%	FRENCH TOAST STICKS WITH SUGAR FREE SYRUP, TURKEY SAUSAGE PATTY, FRESH BLUEBERRIES , MILK 2%	CHOICE	GRILLED CHEESE ON WHEAT BREAD, STRINGBEANS, SLICED STRAWBERRIES , MILK 2%	RAVIOLI, MIXED VEGETABLES, PEARS, MILK 2%
P.M. Snack	COLBY JACK CHEESE STICK, WHEAT CRACKERS	PRETZELS	DAY	SLICED CUCUMBERS WITH RANCH DRESSING	WG BABY CARROTS WITH RANCH DRESSING