

March 2022

**All of our milk is organic. Green text indicates fresh or frozen produce, wheat, whole-grain & multi-grain items.
A vegetarian option is available every day.**

March 7-11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Whole Wheat English Muffin, Fresh Fruit, & Milk	Rice Krispies Cereal, Banana, Milk	Whole Grain Waffles, Sugar Free Syrup, Fresh Fruit, Milk	Whole Wheat Toast Slice, Fruit Preserves, Milk	Corn Flakes Cereal, Banana, Milk
LUNCH	Whole Grain Chicken Patty, Ketchup, Corn, Strawberries, Milk (Veggie Nuggets)	Whole Wheat Toasted Cheese Sandwich with Tomato Soup, Peaches, Milk	Turkey Sausage and Cheese on a Whole Wheat Bagel, Hash Brown Sticks, Sliced Strawberries, Milk	Chef's Choice	Barbeque Chicken sandwich on Whole Wheat Bun, Green Beans, Pears, Milk
PM Snack	Graham Crackers, Apple Sauce	Fresh Apples & Sunbutter (Applesauce for Toddlers)	Sliced Cucumbers & Ranch Dressing, String Cheese	Cheddar Cheese Cubes, (Shredded Cheese for Toddlers) Wheat Crackers	Pretzel Rods & Colby Jack Cheese Cubes (Shredded Cheese for Toddlers)

March 14-18	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Corn Flakes Cereal, Bananas, Milk	Tasteo Cereal, Fresh Fruit, Milk	Whole Grain Blueberry Oatmeal Bar, Milk	Honey Graham Cereal, Fresh Fruit, Milk	Strawberry Yogurt, Milk
LUNCH	Cheeseburger Pasta Bake (Whole Wheat Macaroni with Beef Crumbles, and Cheese), Mixed Vegetables, Pears, Milk (Whole wheat Macaroni and Cheese)	Whole Grain Chicken Nuggets, Ketchup, Mixed Vegetables, Pineapples, Milk (Veggie Nuggets)	Whole Grain Fish Bites, Mixed Vegetables, Apple Sauce, Milk	Corn Dog Nuggets, Ketchup, Green Beans, Peaches, Milk (Veggie Nuggets)	Multigrain Cheese Pizza, Fresh Tossed Salad with Ranch Dressing, Pineapples, Milk
PM Snack	Whole Grain Cheddar Cheese Crackers	Teddy Grahams, Applesauce	Mozzarella String Cheese & Wheat Crackers	Whole Grain Cheese Goldfish	Crackers with Sunbutter

March 21-25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Krispy Rice Cereal, Fresh Fruit, Milk	Blueberry Muffin, Milk	Whole Wheat Bagels with Cream Cheese & Milk	Strawberry Yogurt, Milk	Tasteo Cereal, Blueberries & Milk
LUNCH	Chef's Choice	Vegetarian Burrito Bowls (Brown rice, Black Beans, corn, salsa), Diced Pineapples, Milk	Whole Wheat Penne pasta, beef crumbles, tomato sauce), Green Beans, Pears, Milk (Pasta-no Beef)	Chicken and Cheese Rice Bake (Diced Chicken with Rice in a Cheese Sauce), Sliced Carrots, Peaches, Milk	Whole Grain Cheese Pizza, Fresh Salad, Ranch Dressing, Mixed Fruit & Milk
PM Snack	Whole Grain Cheddar Cheese Crackers	Cheddar Cheese Cubes, (Shredded Cheese for Toddlers) Wheat Crackers	Fresh Apples and Sunbutter (Applesauce for Toddlers)	Sliced Cucumbers with Ranch Dressing	Chocolate Chip Muffin Tops, Strawberries

March 28- April 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cinnamon Raisin Bread, Milk	Corn Flakes Cereal, Bananas, Milk	Strawberry Banana Yogurt, Milk	Tasteo Cereal, Bananas, Milk	Whole Grain Waffles, Sugar Free Syrup, Mixed Berries, Milk
LUNCH	Tuscan Pasta w/ Chicken (Penne noodles, diced chicken, butter sauce), Corn, Pears, Milk (Pasta-no chicken)	Chicken Nachos (Tortilla Chips, Diced Chicken, Shredded Lettuce, Cheese Sauce, Salsa), Oranges, Milk (Nachos without Chicken, soft tortilla for Infants/Toddlers)	Whole Wheat Toasted Cheese Sandwich with Tomato Soup, Peaches, Milk	Breakfast for Lunch: Turkey Sausage and Cheese Biscuit, Carrot Sticks, Mandarin Oranges, Milk	Grilled Chicken with Barbeque Dipping Sauce, Silly Smile Fries, Carrot Sticks, Pears, Milk
PM Snack	Strawberry Yogurt	Lemon Crisp Bites made with lemons and blueberries	Mozzarella String Cheese & Wheat Crackers	Teddy Grahams & Mandarin Oranges	Fresh Apples & Sunbutter (Applesauce for Toddlers)

April 4-8	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Whole Wheat English Muffin, Fresh Fruit, & Milk	Rice Krispies Cereal, Banana, Milk	Chef's Choice	Whole Wheat Toast Slice, Fruit Preserves, Milk	Corn Flakes Cereal, Banana, Milk
LUNCH	Whole Grain Chicken Patty, Ketchup, Corn, Strawberries, Milk (Veggie Nuggets)	Corn Dog Nuggets, Ketchup, Green Beans, Peaches, Milk (Veggie Nuggets)	Chef's Choice	Chicken and Rice Bake(Diced, Chicken, Brown Rice, and Gravy), Mixed Vegetables, Peaches, Milk	Baked Mozzarella Sticks, Marinara Sauce, Fresh Vegetables and Ranch Dip, Pineapples, Milk
PM Snack	Graham Crackers, Apple Sauce	Fresh Apples & Sunbutter (Applesauce for Toddlers)	Chef's Choice	Sliced Cucumbers & Ranch Dressing, String Cheese	Pretzel Rods & Colby Jack Cheese Cubes (Shredded Cheese for Toddlers)