



March Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 1				
AM Snack	Goldfish, Water	Yogurt, Granola, Water	Biscuits, Jelly, Water	Graham Crackers, Water	Fresh Apple Slices, Soynut Butter, Water
Lunch	Turkey Wrap, Peas, Mandarin Oranges, Organic Milk	Cracker Stackers, Pineapple, Mixed Veggies, Organic Milk	Cream of Chicken w/ Rice Carrots, Fresh Peaches, Organic Milk	Cheese Pizza, Mixed Veggies, Mixed Fruit, Organic Milk	Chicken Tenders, Steamed Broccoli, Applesauce, Organic Milk
PM Snack	Pretzel bites w/ cheese, Water (Inf. Todd. Saltines and Banana)	Graham Crackers, Fresh Apple Slices, Water	Tortilla Chips and salsa, Water (Inf. Todd. Saltines and Banana)	Trail Mix, Water	Fig Newton, Water
	Week 2				
AM Snack	Yogurt , Granola, Water	Fresh Bananas, Water	Bagels, Cream Cheese, Water	Chex Mix, Water	Cereal Bar, Water
Lunch	Turkey and Cheese Wrap, Steamed Peas, Mandarin Oranges, Organic Milk	Cheese Quesdilla, Steamed Green Beans, Pineapple, Organic Milk,	Chicken Sandwich, Steamed Carrots, Oranges, Organic Milk	Pasta Salad, Steamed Broccoli, Applesauce, Organic Milk	Cheeseburger, Steamed Carrots, Pears, Organic Milk
PM Snack	Goldfish and String Cheese, Water	Nutrigrain Bar, Water	Fresh Cucumbers, Ranch Dressing, Water	Cheez-Its, Water	Apple Sauce, Graham Crackers, Water
	Week 3				
AM Snack	Ritz Crackers and Fresh Fruit	Animal Crackers, Banana, Water	Nutrigrain Bar, Water	Fresh Apple Slices, Soynut Butter, Water	Yogurt, Water
Lunch	Ham and Cheese Sliders, Steamed Carrots, Mixed Fruit, Organic Milk	Tortellini with Alfredo Sauce, Mixed Veggies, Peaches, Organic Milk	Chicken Tacos, Steamed Peas, Oranges, Organic Milk	Pepperoni Wrap, Steamed Peas, Mixed Fruit, Organic Milk	Grilled Cheese with Tomato Soup, Diced Pineapple, Organic Milk
PM Snack	Trail Mix, Water	Tortilla Chips and Salsa, Wate	Vanilla Wafers, Water (Inf. Todd. Saltines and Banana)	Goldfish and String Cheese, Water	Wheat Thins, Cream Cheese, Water
	Week 4				
AM Snack	Nutrigrain Bar, Water	Bagels, Cream Cheese, Water	Cottage Cheese, Fruit, Water	Yogurt, Fruit, Water	Biscuits, Jelly, Water
Lunch	Waffles, Turkey Sausage, Mixed Veggies, Applesauce, Organic Milk	Baked Mostaccioli, Steamed Carrots, Pears, Organic Milk	Chicken. Parmesan Cheese, Steamed Broccoli, Mixed Fruit, Organic Milk	English Muffin Melt with Ham, Steamed Green Beans, Diced Pineapple, Organic Milk	Macaroni and Cheese, Steamed Peas, Peaches, Organic Milk
PM Snack	Graham Crackers, Fresh Apple Slices, Water	Fresh Cucumbers, Ranch Dressing, Water	Animal Crackers, Banana, Water	Wheat Thins, Cream Cheese, Water	Trail Mix, Water
AM Snack					
Lunch					
PM Snack					