



Chesterbrook Academy
6210 Multiplex Drive, Centreville, VA 20125324 (703) 968-2939

April 2022 Menu

Week 1											
MEAL PATTERN	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
Dates:	4/4/2022		4/5/2022		4/6/2022		4/7/2022		4/8/2022		
BREAKFAST:											
	Cornflakes & Fruit		Bagels & Cream cheese		Rice Krispies & Fruit		Oatmeal & Fruit		Tasteos & Fruit		
LUNCH:											
	Chicken Patty		Hot Dogs		Chicken Quesadilla		Pierogies		Chicken Nuggets		
	Green Beans		Baked Beans		Corn		Peas				
	Peaches		Fresh Fruit		Pears		Fresh Fruit		Fruit Cocktail		
	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or (age 2+)	2% Milk	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	
PM SNACK:											
	Vanilla cookies & Fruit		Wheat Crackers & Cheese		Sport Bites & Fruit		Yogurt & Mixed Berries		Goldfish & Cheese		
Week 2											
MEAL PATTERN	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
Dates:	4/11/2022		4/12/2022		4/13/2022		4/14/2022		4/15/2022		
BREAKFAST:											
	Muffin & Fruit		Cornflakes & Fruit		Egg Patty & Fruit		Rice Krispies & Fruit		Bagels & Cream cheese		
LUNCH:											
	Sloppy Joe		Cheese Pizza		Chicken Alfredo		Turkey & Cheese Sandwich		Fishsticks		
	peas		Mixed salad		Corn		Carrots		Green Beans		
	Pineapples		Applesauce		Fresh Fruit		Mandarin Oranges		Fresh Fruit		
	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or (age 2+)	2% Milk	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	
PM SNACK:											
	Graham Crackers & fruit		Saltine Crackers & Cheese		Yogurt & Fruit		Townhouse Crackers & Fruit		Animal Crackers & Fruit		
Week 3											
MEAL PATTERN	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
Dates:	4/18/2022		4/19/2022		4/20/2022		4/21/2022		4/22/2022		
BREAKFAST:											
	Tasteos & Fruit		Oatmeal & Fruit		Cornflakes & Fruit		Egg Patty & Fruit		Rice Krispies & Fruit		
LUNCH:											
	Turkey Patty		Pierogies		Mac & Cheese		Corn Dogs		Grilled Cheese Sandwich		
	Green Beans		Carrots		Mac & Cheese		peas		Corn		
	Pears		Fresh Fruit				Fresh Fruit		Peaches		
	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or (age 2+)	2% Milk	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	
PM SNACK:											
	Pretzels & Cheese		Vanilla Cookies & fruit		Wheat Crackers & Cheese		Fresh Apples & Sun Butter		Saltine Crackers & Cheese		
Week 4											
MEAL PATTERN	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
Dates:	4/25/2022		4/26/2022		4/27/2022		4/28/2022		4/29/2022		
BREAKFAST:											
	Muffin & Fruit		Cornflakes & Fruit		Bagels & Cream Cheese		Tasteos & fruit		Oatmeal & fruit		
LUNCH:											
	Chicken nuggets		Turkey & Cheese Sandwich		Chicken & Rice		Sloppy Joe		Cheese Pizza		
	Corn		Green Beans		Mixed Vegetables		Peas		Mixed Salad		
	Fruit Cocktail		Fresh Fruit		Mandarin Oranges		Pineapple		Fresh Fruit		
	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or (age 2+)	2% Milk	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	Whole Milk (age 1) or Milk (age 2+)	2%	
PM SNACK:											
	Cheezits & Cheese		Sport crackers & Fruit		Pretzels & Cheese		Graham Crackers & Sunbutter		Goldfish Crackers & Cheese		