

Chesterbrook Academy May 2022 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on May 2, 2022					
A.M. Snack	CEREAL, MILK 2%	YOGURT, BANANA, MILK 2%	WAFFLE STICKS, PEACHES, MILK 2%	OATMEAL, APPLESAUCE, MILK 2%	CHEF'S
Lunch	WG PASTA WITH MARINARA SAUCE, PEAS, TROPICAL FRUIT, MILK 2%	TOMATO SOUP, SALTINES, FRUIT, MILK 2%	CHICKEN AND RICE WITH MIXED VEGETABLES, FRUIT, MILK 2%	CHICKEN TACOS WITH SHREDDED LETTUCE, CHEESE, FRUIT, MILK 2%	CHOICE
P.M. Snack	BABY CARROTS, RANCH DRESSING	WHOLE GRAIN CEREAL BAR	SLICED CUCUMBERS, RANCH DRESSING	WG WHEAT CRACKERS, STRING CHEESE	DAY
Week Beginning on May 9, 2022					
A.M. Snack	CEREAL, FRUIT, MILK 2%	CEREAL BAR, MILK 2%	CEREAL, FRUIT, MILK 2%	BANANA MUFFIN, MILK 2%	CEREAL, FRUIT, MILK 1%
Lunch	FISH STICKS, CORN, FRUIT, MILK 2%	RAVIOLI, STRINGBEANS, FRUIT, MILK 2%	CHICKEN NUGGETS, DICED CARROTS, FFRUIT, MILK 2%	WHOLE GRAIN PIZZA, FRESH TOSSED SALAD, RANCH DRESSING, FRUIT, MILK 2%	SUNBUTTER AND JELLY SANDWICH, CELERY STICKS, FRUIT, MILK 2%
P.M. Snack	PRETZELS	ANIMAL CRACKERS	TOWNHOUSE CRACKERS, CHEESE SLICES	WG CHEEZ-IT CRACKERS	GOLDFISH CRACKERS
Week Beginning on May 16, 2022					
A.M. Snack	YOGURT. MILK 2%	CEREAL, FRUIT, MILK 2%	BANANA MUFFIN, MILK 2%	CEREAL, FRUIT, MILK 2%	OATMEAL, FRUIT, MILK 1%
Lunch	CHEESE QUESADILLA, BROCCOLI, FRUIT, MILK 2%	CHICKEN FRIES, TATER TOTS, FRUIT, MILK 2%	WG SPAGHETTI, CORN, FRUIT, MILK 2%	WHOLE GRAIN CHICKEN PATTY, PEAS, FRUIT, MILK 2%	WG MACARONI AND CHEESE, PEAS, FRUIT, MILK 2%
P.M. Snack	GRAHAM CRACKERS, CREAM CHEESE	FRESH APPLE, SUNBUTTER	WG WHEAT CRACKERS, MOZZARELLA STRING CHEESE	GREEK STRAWBERRY YOGURT	CEREAL BAR
Week Beginning on May 23, 2022					
A.M. Snack	CEREAL, FRUIT, MILK 2%	CEREAL BAR, MILK 2%	CHEF'S	WHOLE WHEAT TOAST SLICE, APPLE BUTTER, MILK 2%	YOGURT, DICED PEACHES, MILK 2%
Lunch	CHEESE QUESADILLA ON WHOLE WHEAT TORTILLA, CARROTS, DICED PEARS, MILK 2%	FRENCH TOAST STICKS WITH SUGAR FREE SYRUP, TURKEY SAUSAGE PATTY, FRESH BLUEBERRIES, MILK 2%	CHOICE	GRILLED CHEESE ON WHEAT BREAD, STRINGBEANS, FRUIT, MILK 2%	RAVIOLI, MIXED VEGETABLES, FRUIT, MILK 2%
P.M. Snack	COLBY JACK CHEESE STICK, WHEAT CRACKERS	PRETZELS	DAY	SLICED CUCUMBERS WITH RANCH DRESSING	WG BABY CARROTS WITH RANCH DRESSING
Week Beginning on May 30, 2022					
P.M. Snack	CLOSED	CEREAL, FRUIT, MILK 2%	BLUEBERRY MUFFIN, MILK 2%	CEREAL, FRUIT, MILK 2%	YOGURT. MILK 2%
Lunch	CLOSED	FISH STICKS, TATER TOTS, FRUIT, MILK 2%	WHOLE GRAIN PIZZA, FRESH TOSSED SALAD, RANCH DRESSING, FRUIT, MILK 2%	CHICKEN AND RICE WITH MIXED VEGETABLES, FRUIT, MILK 2%	CHICKEN NUGGETS, DICED CARROTS, FFRUIT, MILK 2%
P.M. Snack	CLOSED	GRAHAM CRACKERS, CREAM CHEESE	GOLDFISH CRACKERS	GOLDFISH CRACKERS	WG WHEAT CRACKERS, STRING CHEESE