

## Chesterbrook Academy June 2022 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on June 6, 2022					
A.M. Snack	CEREAL, FRUIT, 2% MILK	TOAST AND APPLE BUTTER, MILK 2%	FRENCH TOAST STICKS, FRUIT, MILK 2%	MUFFIN, MILK 2%	YOGURT, FRUIT, MILK 2%
Lunch	FISH STICKS, PEAS AND CARROTS, FRUIT, MILK 2%	CHICKEN TACOS WITH LETTUCE AND CHEESE, FRUIT, MILK 2%	CHEESE RAVIOLI, BROCCOLI, FRUIT, MILK 2%	CHICKEN NOODLE SOUP, GRILLED CHEESE SANDWICH, FRUIT, MILK 2%	PIZZA, SALAD, FRUIT, MILK 2%
P.M. Snack	PRETZELS	CARROTS, RANCH DRESSING	GOLDFISH CRACKERS	TOLLHOUSE CRACKERS, CHEESE	HUMMUS, PITA
Week Beginning on June 13, 2022					
A.M. Snack	CEREAL, MILK 2%	PANCAKES, FRUIT, MILK 2%	CEREAL BAR, MILK 2%	CORNFLAKES CEREAL, BANANA, MILK 2%	YOGURT, MILK 2%
Lunch	CHICKEN FRIES, SWEET POTATO FRIES, FRUIT, MILK 2%	CHICKEN AND RICE, CARROTS, FRUIT, MILK 2%	CHEESE QUESDILLA, MIXED VEGETABLES, FRUIT, MILK 2%	CHICKEN NUGGETS, TATER TOTS, FRUIT, MILK 2%	MACARONI AND CHEESE, PEAS, FRUIT, MILK 2%
P.M. Snack	GRAHAM CRACKERS	CHEEZ-IT CRACKERS	FRESH CUCUMBERS, RANCH DRESSING	FRESH APPLES	CHEESE CUBES, SALTINE CRACKERS
Week Beginning on June 20, 2022					
A.M. Snack	CEREAL, FRUIT, MILK 2%	PANCAKES, FRUIT, MILK 2%	YOGURT, MILK 2%	TOAST, JELLY, MILK 2%	CEREAL, FRUIT, MILK 2%
Lunch	SPAGHETTI, CORN, FRUIT, MILK 2%	SUNBUTTER AND JELLY SANDWICH, CELERY STICKS, FRUIT, MILK 2%	CHICKEN NUGGETS, GREEN BEANS, FRUIT, MILK 2%	TURKEY SAUSAGE, WAFFLE, FRUIT, MILK 2%	CHICKEN PATTY, SWEET POTATO FRIES, FRUIT, MILK 2%
P.M. Snack	CEREAL BARS	WHEAT CRACKERS, CHEESE STICKS	BABY CARROTS, RANCH DRESSING	PRETZELS	CHEEZ-IT CRACKERS
Week Beginning on June 27, 2022					
A.M. Snack	MUFFIN, MILK 2%	CEREAL, FRUIT, MILK 2%	WAFFLE STICKS, FRUIT, MILK 2%	CHEERIOS CEREAL, MANDARIN ORANGES, MILK 2%	RICE KRISPIES, PEACHES, MILK 2%
Lunch	TOMATO SOUP, GRILLED CHEESE SANDWICH, FRUIT, MILK 2%	CHICKEN NACHOS WITH CHEESE AND LETTUCE, FRUIT, MILK 2%	DICED TURKEY WITH GRAVY, MASHED POTATOES, FRUIT, MILK 2%	CHEESE QUESADILLA, BROCCOLI, FRUIT, MILK 2%	CHICKEN FRIES, TATER TOTS, FRUIT, MILK 2%
P.M. Snack	GOLDFISH CRACKERS	GRAHAM CRACKERS, CREAM CHEESE	CUCUMBERS, RANCH DRESSING	HUMMUS, PITA	YOGURT