JULY 2022 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	1
AM Snack					Cinnamon Raisin Bagels & Cream Cheese
Lunch					Macaroni and Cheese w/diced Ham, Green Beans, Peaches, Milk
PM Snack					Goldfish and Cheese
	4	5	6	7	8
AM Snack		NutriGrain Bars & Milk	Crackers & Pears	Pancakes w/Syrup and Milk	Vanilla Yogurt & Blueberries (I/T: bananas)
Lunch	Chesterbrook Academy Closed	Turkey Sausage, Egg & Cheese on a Bun, Mixed Veggies, Applesauce, Milk	Penne Pasta w/ Broccoli Alfredo, Corn (I/T: Peas), Mandarin Oranges, Milk	Sweet and Sour Chicken, Rice,Mixed Vegetables, Tropical Fruit, Milk	Pepperoni and Cheese Pizza, Pineapple Tidbits, Steamed Broccoli, Milk
PM Snack		Bananas & Cheese Sticks	Strawberry Yogurt Chex Mix and Fruit	Corn Bread and Strawberries	Fig Newtons & Mandarin Oranges
	11	12	13	14	15
AM Snack	Blueberry Muffins and Fruit	French Toast Sticks & Milk	Bananas & Cheerios	Buttermilk Biscuits and Jelly	Raspberry Nutrigrain Bars/ Milk
Lunch	Ravioli with Parmesan Cream Sauce, Mixed Veggies, Diced Peaches, Milk	Corn Dogs, Tator Tots, Broccoli, Mango, Milk	Turkey and Cheddar Roll-Ups, Diced Carrots, Applesauce, Milk	Crispy Chicken Sandwich (V: Veggie Burger), Green Beans, Diced Pears, Milk	Vegetable Lasgna, Breadsticks, Mixed Fruit, Milk
PM Snack	Apples (I/T: applesauce) & Crackers	Goldfish and Fruit	Pretzle Sticks and Mixed Fruit	Animal Crackers and Oranges	Honeycrisp Apples and String Cheese
	18	19	20	21	22
AM Snack	Strawberry Yogurt with Blueberry's	Graham Crackers and Fruit	Chex Mix Cereal w/Milk	Mini Bagels & Strawberry Crea	Apple Cinnamon Muffins and Milk
Lunch	Beef Tortellini w/ Tomato Sauce, Zucchini, and Peaches, Milk	Fish Sticks Diced Mango, Crinkle Fries,Mixed Veggies, Milk	Waffles, Turkey Sausage, Peas and Carrots (I/T: carrots), Applesauce, Milk	Penne Pasta with Tomato Pesto Cream, Pineapple Tidbits, Steamed Broccoli, Milk	Chicken Nuggets(Veg Soy Nuggets) Steamed Pea's Mandarin Orange, & Milk
PM Snack	Veggie Sticks and Ranch	Cheesy Breadsticks and Marinara	Goldfish & Cheese	Blueberry Animal Crackers and Fruit	Ritz Crackers w/ Pepperoni
	25	26	27	28	29
AM Snack	Cottage Cheese & Peaches	Brown Sugar and Cinnamon Pop Tarts and Milk	Kix Cereal and Milk	Corn Bread and Fruit	Cheerios and Bananas w/ Milk
Lunch	Warm Turkey and Cheese Sandwich, , Diced Mango, Green Beans, Milk	Chicken and Cheese Quesadilla's, Refried Beans, Spanish Rice, Oranges, Milk	BBQ Chicken and Cheese Sandwichl, Mixed Vegetables, Broccoli, ands Milk	Mini Burgers, Tator Tots, Mixed Fruit, and Milk	Sweet and Sour Chicken, Rice Mixed Vegetables, Tropical Fruit, Milk
PM Snack	Blueberry Nutrigrain Bars and Fruit	Mozzarella Sticks with Marinara	Baked Pita Chips and Hummus	Soft Pretzles and Fruit	Sweet potato Crackers and Watermelon

#VALUE!

Chesterbrook Academy • 4622 Lacey Ave • Lisle, IL • 630.493.0147

***breakfast will be served daily and will consist of cold cereal and milk.**