



July 2022 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
Breakfast			Cereal & Milk	Cereal & Milk	Cereal & Milk
AM Snack		muffin	Chex Mix	Pudding & Wafers	French Toast Sticks
Lunch	Closed for the Fourth of July	Chicken Nuggets, potatoes, Mandrain Oranges	Cheese Breadsticks, Corn, Pears	Chicken Alfredo, Broccoli, Peaches	Turkey & Chees Wrap, Potato Wedges, Tropical Fruit
PM Snack		Bagel & Cream Cheese	English Muffin & Jelly	Goldfish	Cheese Cubes & Crackers
	11	12	13	14	15
Breakfast	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
AM Snack	Chex Mix	Cheese Stick & Cracker	Fig Newtons	Yogurt & Graham Crackers	Sweet Potato Crackers
Lunch	Chicken Patty, Peas, Oranges	Mac & Cheese, Cali Blend, Apples	Chicken Nugget, Potato Wedges, Banana	Lasagna, Salad, Pineapple	Diced Turkey, Baked Beans, Peaches, Cornbread
PM Snack	Bagel & Cream Cheese	Blueberry Muffin	Soft Pretzel & Cheese	Nutri-Grain Bar	Tortilla & Salsa
	18	19	20	21	22
Breakfast	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
AM Snack	Wheat Thin and Cheese Slices	Goldfish	Banana & Fig Newton	Muffin	Cinnamon Bread & Cream Cheese
Lunch	Chicken Nugget, Green Bean, Applesauce	Taco w/tortilla shell, Salad, Pear	Pasta w/ Marinara, Peas&Carrots, Banana	Cheese Breadstick, Corn, Mandrain Oranges	Sunbutter & Jelly Sandwich, Sweet Tater Tot, Apricots
PM Snack	Animal Crackers	Pudding & Graham Crackers	Nutri-Grain Bar	Cottage Cheese & Peaches	Cheez-It
	25	26	27	28	29
Breakfast	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
AM Snack	Vanilla Wafer & Pudding	Animal Crackers	Cheese Stick & Crackers	Biscuit & Jelly	French Toast Sticks
Lunch	Cheese Tortellini w/Alfredo ,Salad, Apricot	Rib Patty on Pita Bread, Carrots, Peaches	Chicken Nugget, Potato Wedges, Mango	Lasagna, Green Beans, Pineapple	Turkey Lunchable, Baked Beans, Apples
PM Snack	Sweet Potato Cracker	Bagel & Cream Cheese	Apple Cin. Muffin	Nutri-Grain Bar	Chips & Guacamole/Salsa
	27	28	29	30	
Breakfast	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	
AM Snack	Animal Cracker	Yogurt & Kix	Muffin	Naan Bread & Hummus	
Lunch	Chicken Nugget, Green Beans, Applesauce	Ravioli w/ Marinara Sauce, Corn, Mandrain Oranges	Hamburger on bun, Broccoli, Tropical Fruit	Eggs, Sausage, Tater Tot, Pears	
PM Snack	Cheese Slice & Wheat Thin	Cheez-It	Cottage Cheese & Pineapple	Nutri-Grain Bar	