



Chesterbrook Academy Aldie

August 15-19, 2022

MONDAY

AM SNACK: **Managers Choice**

LUNCH: **WG Grilled Chicken Nuggets (VO-Grilled Cheese),** Mandarin Oranges, **Carrots Sticks and Cucumber Slices,** Milk

PM SNACK: Strawberry Waffle Grahams

TUESDAY

AM SNACK: **WG Waffles,** Syrup, Milk

LUNCH: **WG Fish Sticks, (VO- Veggie Patty)** Corn, Pears, Milk

PM SNACK: **WG Goldfish**

WEDNESDAY

AM SNACK: Yogurt, Peaches, Milk

LUNCH: **WG Cheese Ravioli,** Pasta Sauce, **Sweet Peas,** Applesauce, Milk

PM SNACK: Cheese It Crackers

THURSDAY

AM SNACK: **WG French Toast,** Milk

LUNCH: Cream of Chicken **(VO- Veggie Nuggets)** over Steamed **Brown Rice,** Pineapple Tidbits, String Beans, Milk

PM SNACK: String Cheese, Wheat Thins

FRIDAY

AM SNACK: **WG Cereal, Milk**

LUNCH: **WG Cheese Quesadilla, Cauliflower, Bananas,** Milk

PM SNACK: Graham Crackers, Apple Butter

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.