



# Chesterbrook Academy Aldie

## August 29- September 2, 2022

### MONDAY

**AM SNACK:** **WG Muffin**, Milk

**LUNCH:** **WG Chicken Nuggets (VO-Vegetarian Nuggets)**, Applesauce, Corn, Milk

**PM SNACK:** **Wheat Thins**, Cheese Slices

### TUESDAY

**AM SNACK:** **WG Cereal**, Milk

**LUNCH:** **Mac and Cheese**, Sweet Peas, Diced Pears, Milk

**PM SNACK:** Strawberry Oatmeal Bars

### WEDNESDAY

**AM SNACK:** **WG Pancakes**, Syrup, Milk

**LUNCH:** BBQ Chicken (**VO- Cheese Quesadilla**), Mashed Potatoes, Mandarin Oranges, Milk

**PM SNACK:** Cheese It Crackers

### THURSDAY

**AM SNACK:** **WG French Toast**, Milk

**LUNCH:** **WG Grilled Cheese, Banana, Steamed Broccoli**, Milk

**PM SNACK:** Soft Pretzel Rods

### FRIDAY

**AM SNACK:** **WG Graham Cracker**, Apple Butter, Milk

**LUNCH:** Turkey Patty (**VO- Vegetarian Patty**) on a **WG Bun**, Diced Carrots, Apple Slices, Milk

**PM SNACK:** **WG Goldfish**

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.