

Chesterbrook Academy Aldie August 8-12, 2022

MONDAY

AM SNACK: WG Cereal, Milk

LUNCH: WG Grilled Cheese, Mandarin Oranges, Tater Tots, Milk

PM SNACK: Town House Crackers, Sun Butter

TUESDAY

AM SNACK: WG English Muffins, Apple Butter, Milk

LUNCH: WG Bun, Hamburger (VO- Veggie Patty) Peaches, Corn, Milk

PM SNACK: Soft Pretzel Rods

WEDNESDAY

AM SNACK: WG Pancakes, Syrup, Milk

LUNCH: WG Slider, BBQ Chicken (VO- Vegetarian Nuggets), Mashed Potatoes, Diced Pears, Milk

PM SNACK: Yogurt, Graham Crackers

THURSDAY

AM SNACK: Cinnamon Raisin Toast, Milk

LUNCH: Macaroni and Cheese, Pineapple Tidbits, **Steamed Broccoli**, Milk

PM SNACK: Vanilla Wafers

FRIDAY

AM SNACK: WG Cereal, Milk

LUNCH: WG Cheese Pizza Stix, Dipping Sauce, String Beans, Apple Slices or Applesauce, Milk

PM SNACK: Blueberry Lemon Bites

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.