



September 2022 Menu

Week 1											
MEAL PATTERN	MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Dates:	9/5/2022			9/6/2022		9/7/2022		9/8/2022		9/9/2022	
BREAKFAST:											
				Yogurt and Berries		Cornflakes Cereal & Fruit		Muffin and Fruit		Tasteo Cereal & Fruit	
LUNCH:											
	CLOSED			Fish Sticks		Corn Dogs		Chicken Patty		Pizza	
				Carrots		Green Beans		Peas		Mixed Vegetables	
				Pineapple		Peaches		Fresh Fruit		Mandarin Oranges	
				Whole Milk (age 1) or (age 2+)		2% Milk		Whole Milk (age 1) or Milk (age 2+)		2% Milk (age 2+)	
PM SNACK:											
				Sport Bites & Fruit		Cheez-it Crackers and Cheese		Educational Cookie and Fruit		Goldfish Crackers and Cheese	
Week 2											
MEAL PATTERN	MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Dates:	9/12/2022			9/13/2022		9/14/2022		9/15/2022		9/16/2022	
BREAKFAST:											
	Corn Flakes and Fruit			Muffin & Fruit		Tasteo Cereal & Fruit		Yogurt and Berries		Rice Krispies & Fruit	
LUNCH:											
	Chicken Nuggets			Corn Dogs		Pizza		fish Sticks		Chicken Patty	
	Green Beans			Peas		Mixed Vegetables		Carrots		Corn	
	Peaches			Fruit Cocktail		Pineapple		Pears		Mandarin Oranges	
	Whole Milk (age 1) or Milk (age 2+)			2% Whole Milk (age 1) or (age 2+)		2% Whole Milk (age 1) or Milk (age 2+)		2% Whole Milk (age 1) or Milk (age 2+)		2% Whole Milk (age 1) or 2% Milk (age 2+)	
PM SNACK:											
	Townhouse crackers and Cheese			Cookie Vanilla Wafer and Fruit		Wheat Crackers and Cheese		Graham Crackers and Sunbutter		Pretzels & Cheese	
Week 3											
MEAL PATTERN	MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Dates:	9/19/2022			9/20/2022		9/21/2022		9/22/2022		9/23/2022	
BREAKFAST:											
	Tasteo Cereal & Fruit			Muffin & Fruit		Rice Krispies & Fruit		Bagels and Cream Cheese		Cornflakes Cereal & Fruit	
LUNCH:											
	Pizza			Chicken Patty		Chicken and Rice		Hot Dog		Fish Stick	
	Corn			Green Beans		Mixed Vegetables		Baked Beans		Peas	
	Pineapple			Mandarin Orange		Pears		Fresh Fruit		Peaches	
	Whole Milk (age 1) or Milk (age 2+)			2% Whole Milk (age 1) or (age 2+)		2% Whole Milk (age 1) or Milk (age 2+)		2% Whole Milk (age 1) or Milk (age 2+)		2% Whole Milk (age 1) or 2% Milk (age 2+)	
PM SNACK:											
	Cheez-it Crackers and cheese			Educational Cookie and Fruit		Wheat Cracker and Cheese		All Sport Bites and Fruit		Goldfish Crackers and Cheese	
Week 4											
MEAL PATTERN	MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Dates:	9/26/2022			9/27/2022		9/28/2022		9/29/2022		9/30/2022	
BREAKFAST:											
	Rice Krispies & Fruit			Egg Patty & Fruit		Cornflakes Cereal & Fruit		Bagels and Cream Cheese		Tasteo Cereal & Fruit	
LUNCH:											
	Chicken Nuggets			Grilled Cheese Sandwich		Mac and Cheese		Turkey and Cheese Wrap		Pierogies	
	Green Beans			Corn Dogs		Mixed Vegetables		Carrots		Peas	
	Apple Sauce			Fruit Cocktail		Pineapple		Pears		Peaches	
	Whole Milk (age 1) or Milk (age 2+)			2% Whole Milk (age 1) or (age 2+)		2% Whole Milk (age 1) or Milk (age 2+)		2% Whole Milk (age 1) or Milk (age 2+)		2% Whole Milk (age 1) or 2% Milk (age 2+)	
PM SNACK:											
	All Sport Bites			Goldfish Cracker and Cheese		Cookie Vanilla Wafer and Fruit		Fresh Apples and Sunbutter		TownHouse Crackers & Cheese	