

# Hello, September!

## NEWSLETTER 2022

### From the Principal's Desk

August is coming to an end and another school year is upon us! I want to take a moment to thank everyone for your cooperation to make this summer successful and fun for our students. As we prepare for the new school year, we would like to extend a warm welcome to our new families and a sincere thank you to our returning families.

Sincerely,

Brandy Roberts

### Fall Cubby Refreshment

It will start getting cooler hopefully soon and we are planning extra outdoor time to take full advantage of the fall season. Please make sure your child has a weather appropriate change of clothes in their cubby and outerwear when appropriate.

**Join us for our Virtual Speaker Series – “The Power of Resilience: How to Support and Nurture it in Your Child” on Sept. 20 at 7PM EST**

Registration Link: <https://conta.cc/3dmGKM5>

\*For parents of preschool and early elementary school children

**Event Description:** Resilience is a set of key life skills honed over time that help children to develop strong relationships, find success in both school and career, and contributes to an overall

sense of well-being and happiness. By nurturing resilience we help our children to successfully weather difficult times, develop positive coping skills, bounce back from challenges, and continue to grow and thrive. Join parent expert Laura Myszne to learn how you can encourage resilience in your child from an early age.

**About Laura Myszne:** Laura Myszne is a children's behavior expert who helps parents and educators understand why their children behave the way they do and how to encourage them to be their best and thrive. A proponent of the individual psychology of Alfred Adler whose theory inspired the modern-day Positive Discipline approach, she works as a consultant, coach, and lecturer with parents, teachers, caregivers, and school administrators. Laura speaks English, Spanish, and Hebrew and has lived and practiced in multiple countries giving her extensive experience with all kinds of children in very different types of educational settings and family compositions

### **You're Invited to Our Fall Festival**

Mark your calendars! Our Fall Festival and Open House event is on Saturday, October 22nd from 10am-1pm. Join us for games, refreshments, and fun fall activities. Do you know a friend seeking a new preschool for their child? Bring them along to our event! When you refer a friend and they enroll, you're eligible for a free week of tuition. More details about the Fall Festival to come.

### **Important Dates**

September 2 – Meet the Principal Event 4:00pm -6:00pm

September 5 – Closed for Labor Day

September 9 – Grandparents Day Event 2:45pm -3:30pm

September 29 & 30 – School Picture Days

September 30 – End of Month Folders go home

### **New on the Preschool Blog**

## 4 Books to Read with Your Preschooler During National Hispanic Heritage Month

National Hispanic Heritage Month (September 15 to October 15) is a time to honor the cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. Books are an easy and interactive way to expand your child's awareness and appreciation of Hispanic culture. Below are four of our favorite titles to read this month.



### ***Coquí in the City* by Nomar Perez**

*Coquí in the City* is a book about a little boy named Miguel who lives in San Juan, Puerto Rico with his parents and pet frog, Coquí. Miguel learns that his family is moving to New York City, and he'll have to leave Coquí behind. Miguel realizes that his new home is more like Puerto Rico than he originally thought. Read along as he finds a way to keep his heritage and his love for Coquí with him as he explores his new neighborhood.

### ***Round is a Tortilla: A Book of Shapes* by Roseanne Greenfield Thong**

Your child will enjoy reading this multicultural book all about shapes! *Round is a Tortilla* features shapes found in a child's typical day paired with colorful illustrations, rhyming text, and Spanish vocabulary appropriate for preschool-aged children.

### ***Maybe Something Beautiful: How Art Transformed a Neighborhood* by F. Isabel Campoy and Theresa Howell**

Based on the true story of San Diego's Urban Art Trail, *Maybe Something Beautiful* features a gray, urban community and a little girl named Mira. Mira loves art and is delighted when a muralist comes to visit. Together, they bring color, joy, and smiles, and truly transform the neighborhood through art.

### ***Carmela Full of Wishes* by Matt de la Peña**

*Carmela Full of Wishes* is a vibrant picture book with the themes of hope and perseverance. The story opens with Carmela who wakes up on her birthday and is thrilled to now be old enough to accompany her brother as he runs errands. They visit different parts of their neighborhood, including a bus stop, repair shop, panadería, and laundromat. At the laundromat, Carmela finds a dandelion and makes a wish.