# CHESTERBROOK ACADEMY GAITHERSBURG

# **OCTOBER 2022 NEWSLETTER**



#### A NOTE FROM OUR PRINCIPAL

Fall is in full swing! Our students are having a blast exploring colored leaves and feeling the crisp air outdoors as they participate in fun, seasonal activities. Mark your calendars! Our Fall Festival event is on <u>Saturday, October 22</u> and we hope to see all of you there with your children. We'll have games, refreshments, and fun fall activities.

We look forward to another month full of learning, fun, and play!

Sincerely, Narema Deonarine



# JOIN US FOR OUR VIRTUAL POTTY TRAINING WORKSHOP ON OCTOBER 6 AT 12PM PDT / 3PM EST

Are you ready to take that next step? Do you need ideas or support to make your child's potty training a success? Learn tips and techniques to ensure a successful, positive experience. Sign-up at <a href="https://conta.cc/30Fr2ul">https://conta.cc/30Fr2ul</a>.



### HALLOWEEN EVENTS

Our classrooms will be celebrating Halloween by doing crafts, playing outdoor games with their classmates, and celebrating in costume on October 31, 2022 @ 3:00pm . We will send more information via Links 2 Home soon.



# SOCIAL-EMOTIONAL LEARNING FROM INFANCY THROUGH PRE-K

Social-emotional skills acquired in the preschool years pave the way for children to form lasting friendships, develop empathy, and understand different situations. Our teachers encourage social-emotional development, first and foremost, by creating a safe and supportive environment where every child feels good about coming to school.

Below are specific examples on how we facilitate this learning in each of our classrooms.

#### Infants (0-1 year)

Positive verbal, nonverbal, and physical interactions provide infants with a sense of safety, confidence, and self-worth. Our teachers design activities that allow infants to look to them for support and encouragement when exploring new materials. For example, if an infant is struggling to fit a shape into the shape sorter, our teachers assist and prompt the infant by saying, "Let us try and turn the piece this way" or "I don't think that shape fits. Should we see if it fits in another spot?"

#### Toddlers (1-2 years)

In our toddler classroom, students take an active part in dressing themselves. For example, teachers may ask, "Can you pull your arm through the sleeve," or "Please take your socks off for our sensory walk." Teachers also expose toddlers to a variety of emotions in developmentally appropriate ways. They may show pictures of children making various facial expressions and encourage the toddlers to practice identifying the emotions and mimicking the expressions in a mirror.

#### Beginners (2-3 years)

Our Beginner teachers support sharing and taking turns by providing students with visual prompts and auditory cues. For example, if they notice a student has been waiting to play with maracas, they may say, "Sophie, what special words could you use to have a turn with the maracas?" To make children feel safe and welcome when entering the classroom, teachers include the individual student's name in the greeting and demonstrate gratitude when they return the greeting.

Sometimes they may even greet students with a high-five, fist bump, or happy dance.

#### Intermediates (3-4 years)

Intermediate teachers encourage students to generate some of their own rules and routines, even silly ones! This promotes ownership over their own behaviors and allows students to feel respected within the classroom community. Teachers also provide students with words to describe why they feel a particular way if they can't express it themselves. They may say, "I think you're angry because your face is red and you yelled. I would be angry too if someone took my toy." They then guide students through brief exercises to help self-calm and reduce stress, such as taking slow, deep breaths.

#### Pre-K (4-5 years)

Teachers in our Pre-K classroom inspire students to plan and engage in challenging tasks by modeling correct methods, techniques, and goals. Examples of this include using blocks to create a ramp for cars or assisting in searching for letters in a sensory bin to spell sight words. Our teachers always praise students for their effort with specific feedback. During centers, students direct their learning with supervision from their teachers, which creates opportunities to initiate and solve their own problems.



# SOCCER SHOTS FALL SEASON

WHEN

THURSDAY, OCT. 6TH, 10AM

**WHERE** 

# 10 KENT GARDENS CIRCLE GAITHERSBURG, MD

#### MORE INFORMATION

Age: All children ages 2-5 When: Thursdays at 10:00AM

Cost: \$130 for 6-Weeks + \$15 annual enrollment fee

payable once per school year.

\*Payment of \$130 must be directly paid to
Chesterbrook
Academy Gaithersburg and the \$15 enrollment fee must
be paid
online if applicable.

Enrollment Fee: If applicable, the non-refundable \$15 enrollment fee is payable one time per school year and includes one Umbro Soccer Shots jersey for your child.

Additional Information: Session summaries will be emailed daily and for more updates visit our Facebook @SSMPD and Instagram @SoccerShotsDMV

Flyer is attached. Here is a sign-up link you can use as well:

https://ssmpd.configio.com/pd/3484/chesterbrookgaithersburg-fall-2022



# Links to Learning

### **OCTOBER THEMATIC APPROACH:**

Theme: My Family

# OCTOBER • WEEK 1 FOR THE BEGINNER CLASSROOM

#### Language and Literacy

- Speaks using a variety of vocabulary
  - Says names of some peers
- Refers to teacher by name (Ms. \_\_\_\_\_)
  - Understands spatial vocabulary
- Listens to a 5-minute story with pictures
- Acquires new vocabulary through shared reading experiences
  - · Connects events in story to own life
- Begins to hold a crayon or other writing utensil correctly
  - Makes marks on paper

#### Mathematics

- Repeats numbers 1-15
- Tells which is one and which is many

#### **Creative Expression**

- Sings familiar songs/fingerplays/rhymes
  - Draws some shapes
- Engages in pretend play connected to the weekly story

#### Social-Emotional

- Assists in dressing/undressing
- · Engages in clean-up routines including clearing spot after eating
  - Feeds self with spoon and fork
    - · Drinks from an open cup
  - Indicates need for a diaper change
  - Locates own cubby/personal belongings

Charra varied feelings

- · Attends to and plays in a center for a short span of time
  - · Says "please" and "thank you"
  - Transitions to new activities with assistance
- Begins to follow classroom behavior expectations (indoor voice, calm body)

#### <u>Wellness</u>

- Strings large beads
- Begins to use pincer grasp to pick up smaller objects
  - · Walks in a line
  - Throws a ball underhand without losing balance
  - Recognizes familiar dangers (fire)
- · Recognizes and responds to a fire alarm
  - · Names simple shapes
- Does simple matching of color, shapes, and objects
  - Completes 3- to 10-piece puzzles
     Science and Social Studies
- Explores common community helpers
- Explores common forms of transportation in the community

#### Citizens of the World

- Introduced to new Spanish vocabulary
- Reviews previously acquired Spanish vocabulary

# OCTOBER • WEEK 1 FOR THE INTERMEDIATE CLASSROOM

#### Language and Literacy

- Explains own ideas
  - Whispers
- · Recognizes first name in print
- Recognizes some letter names
- Recognizes some letter sounds in isolation
  - · Retells a familiar story in own words
    - Holds a writing utensil correctly
- · Makes marks that resemble some letter forms on paper

#### **Mathematics**

- Understands sets of 1-5
- Recognizes numerals 1-5
- · Recalls and names primary and secondary colors
  - Repeats a pattern using up to three objects

#### Science and Social Studies

- · Identifies daily weather
  - Graphs daily weather

- Identifies basic body parts
- Understands that there are various jobs in the classroom
  - Discusses and compares favorite color and foods
- Talks about varying abilities connected to the five senses (glasses, hearing aids)

#### Citizens of the World

- Understands that the primary language spoken at school is called "English"
  - Introduced to new Spanish vocabulary
  - Reviews previously acquired Spanish vocabulary
  - Explores foods around the world using the 5 senses

#### Wellness

- · Folds paper in half
  - Kicks a ball

#### **Creative Expression**

- · Sings body parts song
- Moves various body parts to music

(hands clapping, eyes blinking, head turning)

- Explores and creates multi-sensory art
  - (scent, texture)
- Engages in pretend play connected to the weekly story

#### Social-Emotional

Independently

#### Independently attends to bathrooming needs

- Dresses self with minimal assistance
- · Engages in clean-up routines including clearing spot after eating
  - Asks for help when needed
    - · Calms self when upset
  - Begins to manage/verbalize frustration
  - Takes turns speaking in conversation
    - Plays cooperatively with peers
  - Recognizes and labels some emotions in self and others
  - Begins to follow behavior expectations
    - in centers
  - Maintains attention within a center for
     5-8 minutes

#### **Digital Interactions**

- Begins to understand what technology is
- Understands vocabulary: keyboard, mouse, screen

## OCTOBER • WEEK 1 FOR THE PRE-K CLASSROOM

<u>Language and Literacy</u>

- Answers questions logically
  - Uses spatial vocabulary
- · Generates real and/or nonsense rhyming words
  - Repeats a pattern or series of sounds, words,

#### or numbers

- Identifies the role of the author and illustrator
  - Recognizes uppercase letters
- Recognizes common beginning consonant sounds
- Uses word and picture clues, including own name, to function in an environment
  - · Follows words from left to right
  - · Holds a writing utensil with proper grip
- · Attempts to write to convey ideas and messages
  - · Holds paper still with non-dominant hand
    - · Writes first name in proper case
- Writes the majority of uppercase alphabet letters and some lowercase
  - "Reads" own writing aloud

#### Language and Literacy

- Answers questions logically
  - Uses spatial vocabulary
- · Generates real and/or nonsense rhyming words
- Repeats a pattern or series of sounds, words, or numbers
- Identifies the role of the author and illustrator
  - Recognizes uppercase letters
- Recognizes common beginning consonant sounds
- Uses word and picture clues, including own name, to function in an environment
  - · Follows words from left to right
  - · Holds a writing utensil with proper grip
- · Attempts to write to convey ideas and messages
  - · Holds paper still with non-dominant hand
    - Writes first name in proper case
- Writes the majority of uppercase alphabet letters and some lowercase
  - · "Reads" own writing aloud

#### Mathematics

- Understands sets of 1-10
- Recognizes numerals 1-30
- Explores different ways numbers can be represented (e.g. numeral, dots on a dice)
  - Names the shape of common everyday objects
    - · Puts objects in a series based on length
      - Completes 15- or more piece puzzles
    - Interprets data presented in bar graphs
- Tries to solve everyday problems using mathematics (e.g., how many napkins are needed)

#### Science and Social Studies

- Recognizes that maps/globes are representations of places
- Begins to determine the relative location of places using terms near/far
  - Recognizes the American flag and bald eagle as national symbols
    - Recites the Pledge of Allegiance
    - · Shares and compares family celebrations
    - Identifies state and country of residence

#### Citizens of the World

- · Introduced to new Spanish vocabulary
- Reviews previously acquired Spanish vocabulary
- Explores geographically where the Spanish language is spoken

## Wellness

- · Cuts out shapes or designs with safety scissors
- · Builds structures with various sized and shaped blocks
  - Climbs

#### **Creative Expression**

- Listens to and explores multicultural music
  - · Claps hands in rhythm with music
- Identifies and distinguishes tempo (fast, slow)
- · Discusses an artist known for multicultural art
  - · Discusses what is seen in a piece of art
- · Creates a piece of art based off the artist discussed
  - Engages in pretend play connected to the weekly



## **REMINDERS**

We would like to invite you to our Meet and Greet for the 2020-2023 school year at Chesterbrook Academy Gaithersburg (824). This will take place on October 22, 2022, from 10:00am—1:00pm Feel free to drop in at any time to meet your child's teacher and classroom personnel. Chesterbrook Academy Gaithersburg is extremely excited to be able to serve your child's needs and hope that you involve yourself in the wonderful experiences your child is about to embark upon. We look forward to seeing you here!

#### **Tuition Reminder**

Monday, October 3,2022: TUITION DAY

## DEAR PARENT,

As valued members of our school community, your opinion is very important to us. We are committed to understanding how to improve your school experience.

We are using a professional survey company called SMG Research, who will email each parent two times per year. You will be receiving a survey asking you to share your satisfaction of your school experience thus far between October 18th – October 21st If you have not received your survey by Friday, October 21st, contact your school principal for assistance. Please add <a href="mailto:donotreplySEG@smg.com">donotreplySEG@smg.com</a> to the allow list within your email provider to ensure you get a chance to respond.

The survey only takes a few minutes, and the information you provide will help us make our school better for our families. Your responses will be completely confidential.

You may receive and respond to two different surveys if you have children in two separate schools. Also, both parents in the family are welcome to respond if you have furnished us with both email addresses.

Thank you for your honest feedback! Sincerely,

Narema Deonarine

