



Chesterbrook Academy Aldie

October 3-7, 2022

MONDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Bowtie Pasta, Alfredo Sauce**, Steamed Peas, Fruit Cocktail, Milk

PM SNACK: **Triscuits**, Sliced Cheese

TUESDAY

AM SNACK: **WG Banana Muffin**, Milk

LUNCH: **WG Cheese Pizza**, Diced Peaches, Mixed Vegetables, Milk

PM SNACK: Managers Choice

WEDNESDAY

AM SNACK: Yogurt Cup, **Banana**

LUNCH: Chicken Patty (**VO- Veggie Nuggets**) on **WG Bun, Steamed Broccoli**, Applesauce, Milk

PM SNACK: Graham Crackers, Cream Cheese

THURSDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Pasta**, Meat Sauce, (**VO-Macaroni and Cheese**), Diced Pineapples, String Beans, Milk

PM SNACK: **WG Goldfish**

FRIDAY

AM SNACK: **WG Waffle**, Syrup, Milk

LUNCH: **BBQ Chicken (VO- Vegetarian Patty)**, Mashed Potatoes, Diced Pears, Milk

PM SNACK: **Apple Slices**, Sun butter

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.