



# Chesterbrook Academy Aldie

## October 10-14, 2022

### MONDAY

**AM SNACK:** **WG Cereal**, Milk

**LUNCH:** **WG Grilled Cheese**, Mixed Fruit, String Beans, Milk

**PM SNACK:** Managers Choice

### TUESDAY

**AM SNACK:** **Managers Choice**

**LUNCH:** **WG Chicken Nuggets (VO-Vegetarian Nuggets)**, Applesauce, Mixed Vegetables, Milk

**PM SNACK:** **Strawberry Waffle Grahams**

### WEDNESDAY

**AM SNACK:** Yogurt, **Graham Crackers**

**LUNCH:** Turkey Meatloaf Patty (**VO- Vegetarian Nuggets**), Tater Tots, Mandarin Oranges, Milk

**PM SNACK:** **Wheat Thins**, String Cheese

### THURSDAY

**AM SNACK:** **WG Blueberry Muffin**, Milk

**LUNCH:** **WG Cheese Tortellini**, Pasta Sauce, Corn, Diced Pineapples, Milk

**PM SNACK:** Cheese It Crackers

### FRIDAY

**AM SNACK:** **WG Strawberry Oatmeal Bar**, Milk

**LUNCH:** **WG Mozzarella Pizza Sticks**, Sweet Peas, Diced Peaches, Milk

**PM SNACK:** Vanilla Wafer Cookies

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

**Red text = vegetarian option.**

**Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.**