



# Chesterbrook Academy Aldie

## October 31- November 4, 2022

### MONDAY

**AM SNACK:** **WG Croissant**, Apple Butter, Milk

**LUNCH:** **WG Cheese Pizza**, Mandarin Oranges, **Steamed Broccoli**, Milk

**PM SNACK:** Pudding, Vanilla Wafers

### TUESDAY

**AM SNACK:** **WG Berry Loaf**, **Clementine**, Milk

**LUNCH:** **WG Tortilla**, Chicken (**VO-Cheese Quesadilla**), **Lettuce**, Tomato Slices, **WG Sweet Potato Wedges**, Milk

**PM SNACK:** Applesauce, **WG Veggie and Bean Crackers**

### WEDNESDAY

**AM SNACK:** **WG Cereal**, Baked Apples, Milk

**LUNCH:** **WG Roll**, Turkey Slices (**VO- Grilled Cheese**), Diced Pineapples, Mixed Vegetables, Milk

**PM SNACK:** **WG Goldfish**, **Mango Chunks**

### THURSDAY

**AM SNACK:** **WG English Muffin**, Jelly, Milk

**LUNCH:** **WG Macaroni and Cheese**, Sweet Peas, **Bananas**, Milk

**PM SNACK:** **Apple Slices**, American Cheese

### FRIDAY

**AM SNACK:** **WG Cereal**, Mixed Fruit, Milk

**LUNCH:** Grilled Chicken Nuggets (**VO- Veggie Burger**), Vegetarian Baked Beans, **WG Cornbread Poppers**, Pears, Milk

**PM SNACK:** Peach Cup, Pretzels

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

**Red text = vegetarian option.**

**Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.**