

Chesterbrook Academy DECEMBER 2022 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

VEGETARIAN OPTION WE OFFER MORNING STAR BRAND PRODUCTS

| Week Beginning on DECEMBER 5, 2022 | | | | | |
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| A.M. Snack | BLUEBERRY OATMEAL BAR , MILK | CEREAL, PEARS,MILK | CHEF CHOICE | VANILLA GREEK YOGURT, MILK | HOT OATMEAL, W/ CINNAMON, MILK |
| Lunch | BOW- TIE PASTA W/MARINA, PEACHES,PEAS, MILK | TURKEY &CHEESE WRAP, CORN, PINEAPPLE , MILK | CHOICE | BLACK BEANS, SPANISH RICE, FRUIT COCKTAIL, GREEN BEANS, MILK | BREADED CHICKEN PATTY, FRUIT, VEGETABLES, MILK |
| P.M. Snack | SPORT BITES GRAHAMS, WATER | FRESH APPLE, ANIMAL CRACKERS, WATER | Day! | MOZZARELLA STRING CHEESE, WG CRACKERS, WATER | WG PRETZEL WHEELS,APPLESAUCE, WATER |
| Week Beginning on DECEMBER 12,2022 | | | | | |
| A.M. Snack | RICE KRISPY CEREAL, PEARS, MILK | WG TOAST W/ APPLE BUTTER, MILK | APPLE YOGURT, MILK | FRENCH TOAST STICKS, MILK | CHEF CHOICE |
| Lunch | CHEESE PIZZA, GREEN BEANS, PINEAPPLE, MILK | CHICKEN NUGGETS, SWEET POTATO FRIES, PEACHES, MILK | FISH POLLOK STICKS, GREEN BEANS, PEARS, MILK | CHICKEN QUESADILLA, BROCCOLI,FRUIT COCKTAIL, MILK | CHEF CHOICE |
| P.M. Snack | WG BLUEBERRY LEMON BITES, WATER | SLICED AMERICAN CHEESE, TOWN HOUSE CRACKERS, WATER | VANILLA PUDDING, WAFERS, WATER | CINNAMON APPLE SAUCE, WATER | CHEF CHOICE |
| Week Beginning on DECEMBER 19, 2022 | | | | | |
| A.M. Snack | CORN FLAKES CEREAL, MILK | CHEF'S | STRAWBERRY YOGURT, MILK | FRENCH TOAST, PEARS, MILK | RICE KRISPY CEREAL, BANANA, MILK |
| Lunch | MACARONI WITH CHEESE ,APPLES,PEAS, MILK | CHOICE | CHICKEN NUGGETS, MANDARINS,PEAS, MILK | TURKEY CASEROLE, PEACHES,BROCCOLI, MILK | GRILLED CHEESE SANDWICH,TOMATO SOUP, DICED CARROTS, MILK |
| P.M. Snack | WG EDUCATIONAL BITES, WATER | Day! | CHEEZE IT CRACKERS,SLICED APPLES,WATER | VANILLA PUDDING, WAFERS,WATER | SPORTS BITS CRACKERS, WATER |
| Week Beginning on DECEMBER 26, 2022 | | | | | |
| A.M. Snack | CENTER CLOSED | RICE KRISPIES CEREAL, MILK | RAISIN OATMEAL, MILK | STRAWBERRY YOGURT, MILK | BLUEBERRY OATMEAL BAR , MILK |
| Lunch | CENTER CLOSED | CHICKEN FRIES, BROCCOLI, PINEAPPLE, MILK | WG CHEESE QUESADILLAS, MIXED VEGETABLES,TROPICAL FRUIT, MILK | CHICKEN TACOS, SALAD, SHREDDED CHEESE, CORN,BEANS, MILK | WG MOZARELLA STICKS,GREEN BEANS, FRUIT, WATER |
| P.M. Snack | HOLIDAY CLOSURE | WG ALPHABET BITES, FRUIT COCKTAIL, WATER | CINNAMON APPLE SAUCE, CRACKERS, WATER | ANIMAL CRACKERS, ORANGES, WATER | WG BLUEBERRY LEMON BITES, WATER |
| Week Beginning on JANUARY 2, 2022 | | | | | |
| A.M. Snack | OATMEAL, CINNAMON, MILK | WG TOAST W/ APPLE BUTTER, MILK | STRAWBERRY YOGURT, MILK | CORN FLAKES, BANANA, MILK | CHEF'S |
| Lunch | WAFFLE STICKS, TURKEY SAUSAGE, APPLESAUCE,PEAS, MILK | CHICKEN NUGGETS ,(VO-OPTION), GREEN BEANS, TROPICAL FRUIT, MILK | BOW- TIE PASTA W/ MARINARA, MIXED VEGGIES, FRUIT, MILK | BREADED CHICKEN NUGGETS APPLESAUCE,CARROTS, MILK | CHOICE |
| P.M. Snack | APPLE YOGURT, WATER | PRETZEL WHEELS, CHEESE SLICE, WATER | VANILLA PUDDING, WAFERS, WATER | TOWN HOUSE CRACKERS, MOZZARELLA STRING CHEESE, WATER | Day! |