



# Chesterbrook Academy Aldie

## November 7-11, 2022

### MONDAY

**AM SNACK:** Diced Pineapples, **WG Muffin**, Milk

**LUNCH:** **WG Toasted English muffin** with Mozzarella Cheese, Mandarin Oranges, Steamed Carrots, Milk

**PM SNACK:** Applesauce, Wheat Thin Crackers

### TUESDAY

**AM SNACK:** **WG Mini Bagel** stuffed with strawberry cream cheese, Milk

**LUNCH:** **WG Roll**, Chicken Patty (**VO-Veggie Burger**), **Mango Chunks**, **Steamed Broccoli**, Milk

**PM SNACK:** String Cheese, **Townhouse Crackers**

### WEDNESDAY

**AM SNACK:** **WG Cereal**, Baked Apples, Milk

**LUNCH:** **WG Pasta**, Beef Crumbles (**VO- Vegetarian Crumbles**), Pasta Sauce, Mixed Fruit, Corn, Milk

**PM SNACK:** **WG Granola**, Yogurt

### THURSDAY

**AM SNACK:** **WG Pancake**, **Berries**, Milk

**LUNCH:** **WG Flatbread Stackers**, Sliced Turkey (**VO- Vegetarian Nuggets**), American Cheese Slices, **Bananas**, Milk

**PM SNACK:** **Graham Crackers**, Cream Cheese

### FRIDAY

# CBA CLOSED

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.