



# Chesterbrook Academy Aldie

## December 12-16, 2022

### MONDAY

**AM SNACK:** **WG Cereal**, Peach Cup, Milk

**LUNCH:** **WG Pizza Cheese Stick**, Dipping Sauce, **Steamed Broccoli**, Diced Pears, Milk

**PM SNACK:** Managers Choice

### TUESDAY

**AM SNACK:** **WG Blueberry Muffin**, Mandarin Oranges, Milk

**LUNCH:** Diced Chicken (**VO- Veggie Nuggets**) and Cheese **WG Quesadilla**, Applesauce, Sweet Potato Wedges, Milk

**PM SNACK:** Yogurt, **WG Chocolate Graham Bear Cookies**

### WEDNESDAY

**AM SNACK:** **Bagel** with Strawberry Cream Cheese, Milk

**LUNCH:** **WG Roll**, Beef Patty (**VO-Veggie Patty**), **Mixed Vegetables**, Diced Pineapples, Milk

**PM SNACK:** **WG Goldfish**, Peach Cup

### THURSDAY

**AM SNACK:** **WG French Toast**, Baked Apples, Milk

**LUNCH:** **WG Macaroni** and Cheese, **Bananas**, **Sweat Peas**, Milk

**PM SNACK:** **WG Apple Slices**, String Cheese

### FRIDAY

**AM SNACK:** **WG Cereal**, Mixed Fruit, Milk

**LUNCH:** Grilled Chicken Nuggets (**VO- Veggie Nuggets**), Vegetarian Baked Beans, with **WG Cornbread Poppers**, Pears, Milk

**PM SNACK:** **WG Heart Pretzels**, Sunbutter

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.