



January 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	2	3	4	5	6
Lunch	Happy New Year	Cereal and Milk Chicken Parm. Sandwich, Broccoli, Banana and Milk	Yogurt and Raisins Beef Stroganoff, Peas, Mixed Fruit and Milk	Muffins and Milk Deli Stackers, Sweet Potato Bites, Sliced Apples and Milk	Oatmeal Bars Baja Fish tacos, Coleslaw, Mango Chunks and Milk
PM Snack	Closed for New Year's observance	Cheese Its	Chips and Salsa	Oatmeal Cookie	Pretzel Goldfish
AM Snack	9	10	11	12	13
Lunch	Lemon/ Blueberry Bites Bean & Cheese Quesadilla, Corn, Pears and Milk	Cereal and Milk Chicken & Waffles, String Beans, Diced Peaches and Milk	Oatmeal Bar Pasta Italiano, Zucchini Slices, Sliced Apples and Milk	Sunrise Bites Pineapple Ham, Pineapple Tidbits, Peas and Milk	Graham Crackers and Milk Chicken Stirfry, Oriental Vegetable Blend, Mandarin Oranges and Milk
PM Snack	Veggie Crackers	Carrots and Ranch Dressing	String Cheese and Wheat Thins	Waffle Grahams	Trail Mix
AM Snack	16	17	18	19	20
Lunch	Oatmeal Bars Pizza, Broccoli, Clementine and Milk	Cereal and Milk Crunchy Chicken Wrap, Sweet Potato Bites, Lettuce & Tomato and Milk	Potato Hashbrown Patty Pasta Italiano, Zucchini Slices, Sliced Apples and Milk	Bananas and Milk Macaroni & Cheese, Peas, Banana and Milk	Cereal and Milk Corny Cowboy Poppers, Cornbread Poppers, Pears and Milk
PM Snack	Pudding	Applesauce	Waffle Grahams	Crackers and Cheese	Whole Grain Goldfish Crackers
AM Snack	23	24	25	26	27
Lunch	Cereal and Milk Tasty Toasty Grilled Cheese, String Beans, Mandarin Oranges and Milk	Mixed Berries and Yogurt Chicken Parm. Sandwich, Broccoli, Banana and Milk	Cereal and Milk Beef Stroganoff, Peas, Mixed Fruit and Milk	Whole Grain Muffins Deli Stackers, Sweet Potato Bites, Sliced Apples and Milk	Bagel and Cream Cheese Baja Fish tacos, Coleslaw, Mango Chunks and Milk
PM Snack	Pretzel Fish	Crackers and Sunbutter	Animal Crackers and Milk	Pudding	Cheese Its
AM Snack	30	31			
Lunch	Oatmeal Bars Bean & Cheese Quesadilla, Corn, Pears and Milk	Cereal and Milk Chicken & Waffles, String Beans, Diced Peaches and Milk			* menu subject to change
PM Snack	Pita and Hummus	Graham Crackers and Raisins			