

# Chesterbrook Academy Aldie January 23-27, 2023

# **MONDAY**

**AM SNACK:** Cornbread muffins, Fruit Cocktail, Milk

LUNCH: WG Beef Mac (VO- Mac-n-Cheese), Green Beans,

**Bananas**, Milk

PM SNACK: Manager's Choice

#### **TUESDAY**

**AM SNACK: WG Cereal**, Apples, Milk

<u>LUNCH:</u> WG Roll, Chicken Patty (VO- Vegetarian Patty), Vegetarian

Baked Beans, Pears, Milk

PM SNACK: Lorna Doone Cookies, Peaches,

#### **WEDNESDAY**

**AM SNACK: WG English Muffins, Jelly, Milk** 

**LUNCH:** WG Pizza, Carrots, Clementine's, Milk

**PM SNACK:** Strawberry Oatmeal Bar

## **THURSDAY**

**AM SNACK: WG Graham Crackers** with Cream Cheese, Milk

**LUNCH:** WG Tortilla, Beef Crumbles (VO-Veg Crumble), Lettuce,

Tomato, Cheese, Salsa, Applesauce, Milk

**PM SNACK:** All Sports Bites, Sun Butter (Infants/Toddlers-Crackers)

## **FRIDAY**

**AM SNACK:** Cream Cheese, **WG Bagel**, Milk

**LUNCH: WG Chicken and Cheese Burrito (VO- Vegetarian Nuggets** 

with Cheese Quesdilla), Green Beans, Mandarin Oranges, Milk

PM SNACK: Crackers, Sliced Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

**Red text = vegetarian option.** 

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.