



Chesterbrook Academy Aldie

January 30- February 1, 2023

MONDAY

AM SNACK: Managers Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG Cereal**, Tropical Fruit, Milk

LUNCH: **WG Tortellini** with Red Sauce, Green Beans, Pears, Milk

PM SNACK: Vanilla Pudding, Vanilla Wafers

WEDNESDAY

AM SNACK: Peaches with Oatmeal, Milk

LUNCH: **WG Roll** with BBQ Chicken (**VO- Vegetarian Nuggets**) Mixed Vegetables, **Bananas**, Milk

PM SNACK: Strawberry yogurt, **WG Graham Crackers**

THURSDAY

AM SNACK, **WG French toast**, Apple Sauce, Milk

LUNCH: **WG Hamburgers (VO-Vegetarian Patty), Sweet Potato Fries, Apple Slices**, Milk

PM SNACK: **WG Goldfish**, Fruit Cup

FRIDAY

AM SNACK: **WG Cereal, Bananas**, Milk

LUNCH: **WG Fish Sticks (VO- Vegetarian Nuggets), Corn**, Mix Fruit, Milk

PM SNACK: Crackers, Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.