



# Chesterbrook Academy Aldie

January 16-20, 2023

## MONDAY

**AM SNACK:** Manager's Choice

**LUNCH:** **WG Mac-n-Cheese**, **Green Beans**, Tropical Fruit, Milk

**PM SNACK:** Salsa and Chips, (Infants and Toddlers- Crackers/Fruit Cup)

## TUESDAY

**AM SNACK:** **WG Cereal**, Mandarin Oranges, Milk

**LUNCH:** **WG Waffle**, **Turkey Sausages (VO- Vegetarian Nuggets)**, Peaches, Corn, Milk

**PM SNACK:** Yogurt, Granola (Infants and Toddlers- Yogurt and Cheerios)

## WEDNESDAY

**AM SNACK:** **WG Biscuit**, Apple Butter/Jelly, Milk

**LUNCH:** Hamburger (**VO- Vegetarian Patty**) with **WG Roll**, **Sweet Potato Fries**, Peas, **Bananas**, Milk

**PM SNACK:** Crackers, Sun butter (Infants and Toddlers- Cheerios and Yogurt)

## THURSDAY

**AM SNACK:** Pineapples, **WG French toast**, Milk

**LUNCH:** **WG Grilled Cheese**, **Steamed Broccoli**, **Apples Slices**, Milk

**PM SNACK:** **WG Pretzels**, Ranch

## FRIDAY

**AM SNACK:** Applesauce, **WG Muffin**, Milk

**LUNCH:** **WG Chicken Nuggets (VO- Vegetarian Nuggets)**, Baked Beans, **Banana**, Milk

**PM SNACK:** **WG Veggie Crackers**, Cheese Stick

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.