



# March 2023 Menu



|                 | MONDAY                                | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|-----------------|---------------------------------------|--|--|--|---|
| <b>AM Snack</b> |                                       |  | Banana and Milk <b>1</b>                                   | French Toast <b>2</b>  | Cereal and Milk <b>3</b>                          |
| <b>Lunch</b>    |                                       |  | Pasta Italiano, Zucchini Slices, Sliced Apples and Milk    | Pineapple Ham, Pineapple Tidbits, Peas, roll and Milk          | Rice, Stir Fry Veggies, Chicken, Mandarin Oranges |
| <b>PM Snack</b> |                                       |  | Champ Crackers   | Cheese Stick   | Oatmeal Cookies                                   |
| <b>AM Snack</b> | Cereal and Milk <b>6</b>              | Bagel and Cream Cheese <b>7</b>                                | Banana and Milk <b>8</b>                                   | Pancakes and Berries <b>9</b>                                  | Cereal and Milk <b>10</b>                         |
| <b>Lunch</b>    | Grilled Cheese, Oranges, String Beans | Chicken Parm Sandwich, Banana, Broccoli                        | Beef Stroganof, Peas, Mixed Fruit                          | Turkey Ham, Cheese, Crackers, Sweet Potato Bites, Apple Slices | Fish Taco, Mango, Coleslaw, Tortilla              |
| <b>PM Snack</b> | Animal Crackers                       | Veggie and Ranch   | Yogurt   | Chips and Salsa  | Sport Bites                                       |
| <b>AM Snack</b> | Cereal and Milk <b>13</b>             | Berry Loaf <b>14</b>   | Apples <b>15</b>   | Waffles <b>16</b>  | Cereal and Milk <b>17</b>                         |
| <b>Lunch</b>    | Pizza, Clementine, Broccoli           | Chicken Wrap, Lettuce, Sweet Potato fries, Ranch/honey Mustard | Sloppy Joe (Beef Crumbles, BBQ), Rolls, Pineapple, Veggies | Mac and Cheese. Fruit, Peas                                    | Corn bread poppers, Baked beans, Pears            |
| <b>PM Snack</b> | Chef's Choice                         | Gold Fish  | Maple Bites  | Apple Slices   | Pretzels  |
| <b>AM Snack</b> | Cereal and Milk <b>20</b>             | Muffin <b>21</b>   | Banana and Milk <b>22</b>                                  | French Toast <b>23</b>   | Cereal and Milk <b>24</b>                         |
| <b>Lunch</b>    | Bean and Cheese Quesadilla, Corn,     | Chicken and Waffles, String beans, Peaches                     | Pasta Italiano, Zucchini Slices, Sliced Apples and Milk    | Pinapple Ham, Peas, Roll                                       | Chicken Stir-Fry, rice, Oranges                   |
| <b>PM Snack</b> | Educational Crackers                  | Yogurt   | Champs Crackers  | Cheese Stick   | Oatmeal Cookie                                    |
| <b>AM Snack</b> | Cereal and Milk <b>27</b>             | Bagel and Cream Cheese <b>28</b>                               | Oatmeal bar and Milk <b>29</b>                             | Pancakes and Berries <b>30</b>                                 | Cereal and Milk <b>31</b>                         |
| <b>Lunch</b>    | Grilled Cheese, Oranges, String Beans | Chicken Parm Sandwich, Banana, Broccoli                        | Beef Stroganof, Peas, Mixed Fruit                          | Turkey Ham, Cheese, Crackers, Sweet Potato Bites, Apple Slices | Fish Taco, Mango, Coleslaw, Tortilla              |
| <b>PM Snack</b> | Animal Crackers                       | Veggie and Ranch   | Yogurt   | Chips and Salsa  | Sport Bites                                       |