



Chesterbrook Academy Aldie

March 20-24, 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: **WG Tortilla**, with Diced Chicken and Shredded Cheese (**VO – Beans and Shredded Cheese**), **Green Beans**, Peaches, Milk

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG English Muffin**, Cream Cheese, Milk

LUNCH: **WG Chicken Tenders (VO- Vegetarian Nuggets)**, **Sweet Peas**, French Fries, Milk

PM SNACK: Graham Crackers, Applesauce

WEDNESDAY

AM SNACK: **WG Cereal, Strawberries**, Milk

LUNCH: **WG Pasta**, Alfredo Sauce, **Steamed Broccoli**, Pears, Milk

PM SNACK: Tortilla Chips, Salsa (Infants-Toddlers and Beginners will have Crackers and Sunbutter)

THURSDAY

AM SNACK: **WG Waffle**, Apple Butter, Milk

LUNCH: Beef Stew (**VO- Vegetarian Nuggets**), Potatoes, Carrots, **Banana**, Milk

PM SNACK: Yogurt, Granola

FRIDAY

AM SNACK: **WG Pancake, Blueberries**, Milk

LUNCH: **WG Fish Shapes, Steamed Corn, Clementine**, Milk

PM SNACK: Cheese It Crackers, **Apple Slices** (Infants-Toddlers and Beginners will have applesauce)

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.