CHESTERBROOK MARCH MENU 2023

		WE	EK 1		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
BREAKFAST:	2/2//2023	2/20/2023	3/1/2023	3/2/2023	3/3/2023
A 4'11	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or
Milk	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain/Meat ¹	WG Cereal	WG Muffin	Oatmeal	WG French Toast	WG Cereal
Extra					
LUNCH:					
	Bean & Cheese Quesadilla	Chicken and Waffles	Pasta Italiano	Pineapple Ham	Chicken Stirfry
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or
F:+0/	Low/Fat Free Milk (age 2+) Corn	Low/Fat Free Milk (age 2+) Peaches	Low/Fat Free Milk (age 2+) Apple Slices	Low/Fat Free Milk (age 2+) Pineapple	Low/Fat Free Milk (age 2+) Mandarin Oranges
Fruit/Vegetable ² Vegetable	Salsa	String Beans	Apple Slices	Peas	Stir Fry Veggies
Grain	WG Tortilla	WG Waffle	WG Pasta	WG Hawaiian Roll	Rice
Meat/Meat Alternate	Black Beans/Shredded Cheese	Breaded Chicken Patty or Chicken Nuggets	Beef Crumbles	Warm Turkey Ham	Diced Chicken or Grilled Chicken Nuggets
Extra	Taco Seasoning	33	Pasta Sauce		Teriyaki or Soy Sauce
SNACK:					
Milk/Water					
Fruit				Raisins	
Veget <mark>able</mark> Grain	Educational Crackers		WG Champs Crackers		WG Oatmeal Cookie
Meat/Meat Alternate	Educational Crackers	Yogurt	wd Champs Crackers	Cheese Stick	WG Oatmear Cookie
Extra					
		\A/E	EEK 2		
		VV.	LIN Z		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	MONDAY 3/6/2023	TUESDAY 3/7/2023	WEDNESDAY 3/8/2023	THURSDAY 3/9/2023	FRIDAY 3/10/2023
Dates:	3/6/2023		3/8/2023		3/10/2023
MEAL PATTERN Dates: BREAKFAST: Milk	3/6/2023 Whole Milk (age 1) or	3/7/2023 Whole Milk (age 1) or	3/8/2023 Whole Milk (age 1) or	3/9/2023 Whole Milk (age 1) or	3/10/2023 Whole Milk (age 1) or
Dates: BREAKFAST: Milk	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Dates: BREAKFAST: Milk Fruit/Vegetable	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/10/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat ²	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel	3/8/2023 Whole Milk (age 1) or	3/9/2023 Whole Milk (age 1) or	3/10/2023 Whole Milk (age 1) or
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat ¹ Extra	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/10/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat ¹ Extra	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake	3/10/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat ¹ Extra LUNCH:	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers	3/10/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat ¹ Extra	3/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake	3/10/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat ¹ Extra LUNCH:	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or	3/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat¹ Extra LUNCH: Milk Fruit/Vegetable² Vegetable	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat¹ Extra LUNCH: Milk Fruit/Vegetable²	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat¹ Extra LUNCH: Milk Fruit/Vegetable² Vegetable	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango
Dates: BREAKFAST: Milk Fruit/Vegetable Grain/Meat¹ Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla
Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or Chicken Nuggets	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta Beef Crumbles	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla
Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk Fruit/Vegetable ² Vegetable Grain Meat/Meat Alternate Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or Chicken Nuggets	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta Beef Crumbles	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla
Milk Fruit/Vegetable Grain/Meat¹ Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra SNACK:	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or Chicken Nuggets	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta Beef Crumbles	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla
Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra SNACK: Milk/Water Fruit	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or Chicken Nuggets Tomato Sauce	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta Beef Crumbles	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla
Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra SNACK: Milk/Water Fruit Vegetable	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or Chicken Nuggets	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta Beef Crumbles	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers Turkey Ham/Sliced Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla Fish Sticks
Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra SNACK: Milk/Water Fruit	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pears WG Cereal Open Faced Tasty Toasty Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG English Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Chicken Parm Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana Broccoli WG Roll Breaded Chicken Patty or Chicken Nuggets Tomato Sauce	3/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Beef Stroganoff Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Peas WG Pasta Beef Crumbles	3/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Deli Stackers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Sweet Potato Bites WG Flatbread Stackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Baja Fish Taco Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango WG Tortilla



^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.

CHESTERBROOK MARCH MENU 2023

		WE	EEK 3		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ates:	3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
REAKFAST:					
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or
	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+
Fruit/Vegetable					
Grain/Meat ¹	WG Cereal	WG Berry Loaf	Oatmeal	WG Waffle	WG Cereal
Extra					
.UNCH:					
	Pizza	Crunchy Chicken Wrap	Lil' Beef Slider	Cheesy Peasy	Corny Cowboy Poppers
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or
Fruit/Vegetable ²	Low/Fat Free Milk (age 2+) Clementine	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+) Pineapple	Low/Fat Free Milk (age 2+) Banana	Low/Fat Free Milk (age 2- Pears
Vegetable	Broccoli	Sweet Potato Bites	Mixed Vegetables	Peas	Baked Beans
<u> </u>				WG Mac & Cheese or	
Grain	WG Crust	WG Tortilla	WG Slider Roll	WG Pasta w/ Cheese Sauce	WG Cornbread Poppers
Meat/Meat Alternate	Cheese	Breaded Chicken Patty or	Beef Crumbles	Turkey Ham	Diced Chicken or
·	Cheese	Chicken Nuggets		Torkey Hairi	Grilled Chicken Nuggets
Extra		Ranch or Honey Mustard	Pasta Sauce		BBQ Sauce
PM SNACK:					
	Tortilla Pinwheel				
Milk/Water					
Fruit				Apple Slices	
Vegetable	Shredded Carrots/Cucumber			rippie sinces	
Grain	WG Tortilla	WG Maple Bites	WG Goldfish		Pretzels
Meat/Meat Alternate				Sunbutter	
Extra	Cream Cheese				
		WE	EK 4		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/20/2023	3/21/2023	3/22/2023		
	3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
BREAKFAST:				3/23/2023	3/24/2023
	Whole Milk (age 1) or	3/21/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or	3/23/2023 Whole Milk (age 1) or	3/24/2023 Whole Milk (age 1) or
BREAKFAST:		Whole Milk (age 1) or		3/23/2023	3/24/2023 Whole Milk (age 1) or
BREAKFAST: Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	3/23/2023 Whole Milk (age 1) or	3/24/2023 Whole Milk (age 1) or
BREAKFAST: Milk Fruit/Vegetable	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/24/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2-
Milk Fruit/Vegetable Grain/Meat ¹ Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/24/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2-
Milk Fruit/Vegetable Grain/Meat ¹ Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast	3/24/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal
Milk Fruit/Vegetable Grain/Meat ^z Extra LUNCH:	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham	3/24/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry
Milk Fruit/Vegetable Grain/Meat ¹ Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2-
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable²	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2: WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2: Mandarin Oranges
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2-
Milk Fruit/Vegetable Grain/Meat ² Extra UNCH: Milk Fruit/Vegetable ² Vegetable Grain	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll	Whole Milk (age 1) or Low/Fat Free Milk (age 2) WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2) Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas	Whole Milk (age 1) or Low/Fat Free Milk (age 2) WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2) Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll	Whole Milk (age 1) or Low/Fat Free Milk (age 2) WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2) Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll	Whole Milk (age 1) or Low/Fat Free Milk (age 2) WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2) Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll	Whole Milk (age 1) or Low/Fat Free Milk (age 2) WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2) Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham	Whole Milk (age 1) or Low/Fat Free Milk (age 24 WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 1) or Low/Fat Free Milk (age 24 Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles	3/23/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2- Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit Vegetable	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese Taco Seasoning	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles Pasta Sauce	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2- Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets Teriyaki or Soy Sauce
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit Vegetable Grain	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or Chicken Nuggets	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham Raisins	Whole Milk (age 1) or Low/Fat Free Milk (age 2) WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2) Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit Vegetable	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese Taco Seasoning	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles Pasta Sauce	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2- Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets Teriyaki or Soy Sauce
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit Vegetable Grain	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese Taco Seasoning	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or Chicken Nuggets Yogurt	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles Pasta Sauce WG Champs Crackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham Raisins	Whole Milk (age 1) or Low/Fat Free Milk (age 2- WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2- Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets Teriyaki or Soy Sauce
Milk Fruit/Vegetable Grain/Meat¹ Extra UNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit Vegetable Grain Meat/Meat Alternate	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese Taco Seasoning Educational Crackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or Chicken Nuggets Yogurt	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles Pasta Sauce WG Champs Crackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham Raisins Cheese Stick	Whole Milk (age 1) or Low/Fat Free Milk (age 2: WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 2: Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets Teriyaki or Soy Sauce WG Oatmeal Cookie
Fruit/Vegetable Grain/Meat¹ Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit Vegetable Grain	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Bean & Cheese Quesadilla Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Corn Salsa WG Tortilla Black Beans/Shredded Cheese Taco Seasoning	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Muffin Chicken and Waffles Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Peaches String Beans WG Waffle Breaded Chicken Patty or Chicken Nuggets Yogurt	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Pasta Italiano Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Apple Slices Zucchini WG Pasta Beef Crumbles Pasta Sauce WG Champs Crackers	Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Pineapple Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Pineapple Peas WG Hawaiian Roll Warm Turkey Ham Raisins	Whole Milk (age 1) or Low/Fat Free Milk (age 24 WG Cereal Chicken Stirfry Whole Milk (age 1) or Low/Fat Free Milk (age 24 Mandarin Oranges Stir Fry Veggies Rice Diced Chicken or Grilled Chicken Nuggets Teriyaki or Soy Sauce

^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.

CHESTERBROOK MARCH MENU 2023

BREAKFAST:					
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or
	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain/Meat ¹	WG Cereal	WG Bagel	Oatmeal	WG Pancake	WG Cereal
Extra		Cream Cheese			
.UNCH:					
	Open Faced Tasty Toasty	Chicken Parm Sandwich	Beef Stroganoff	Deli Stackers	Baja Fish Taco
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or
	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)
Fruit/Vegetable ²	Mandarin Oranges	Banana	Mixed Fruit	Apple Slices	Mango
Vegetable	String Beans	Broccoli	Peas	Sweet Potato Bites	
Grain	WG English Muffin	WG Roll	WG Pasta	WG Flatbread Stackers	WG Tortilla
Meat/Meat Alternate	Shredded Cheese	Breaded Chicken Patty or Chicken Nuggets	Beef Crumbles	Turkey Ham/Sliced Cheese	Fish Sticks
Extra		Tomato Sauce	Brown or Mushroom Gravy		
NACK:		l			
Milk/Water					
Fruit					
Vegetable					
Grain	Animal Crackers	WG Wheat Cracker	WG Granola	WG Tortilla Chips/Salsa	WG All Sport Bites
Meat/Meat Alternate			Yogurt		

