

# Chesterbrook Academy Aldie March 27-31, 2023

# **MONDAY**

AM SNACK: WG Cereal, Clementine's, Milk

**LUNCH:** WG Rice, Chicken (VO- Vegetarian Crumbles), Carrots,

Milk

**PM SNACK:** Educational Crackers, Pineapples

# **TUESDAY**

**AM SNACK**: **WG Pancakes**, Apple Butter, Milk

**LUNCH:** WG Tortilla with Black Bean and Cheese, Mixed Fruit, Corn,

Milk

**PM SNACK:** WG Pretzels with Honey Mustard

# **WEDNESDAY**

**AM SNACK: WG French Toast,** Mandarin Oranges, Milk

**LUNCH:** WG Bun, Beef Patty (VO- Vegetarian Patty), Vegetarian

Beans, Peaches, Milk

**PM SNACK WG Chips,** Guacamole (Infants and Toddlers- Guacamole, Ritz Crackers)

# **THURSDAY**

**AM SNACK: WG Blueberry Muffins,** Mangoes, Milk

**LUNCH:** WG Grilled Cheese Sandwich, Hash Browns, Milk

PM SNACK: Cheese Sticks, WG Crackers

### **FRIDAY**

**AM SNACK:** WG English Muffins, Cheese, Milk

**LUNCH:** WG Pizza, Mixed Vegetables, Apple Slices, Milk

PM SNACK: WG Bagels, Strawberry Cream Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

**Red text = vegetarian option.** 

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.