

## Chesterbrook Academy March 2023 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

### VEGETARIAN OPTION WE OFFER MORNING STAR BRAND PRODUCTS

Week Beginning on March 20, 2023					
		CINNAMON OATMEAL, MILK	CHEF	APPLE YOGURT, MILK	PANCAKES, MILK
A.M. Snack	KIX CEREAL, APPLES, MILK				
Lunch	WG CHEESE PIZZA CRUNCHERS, PEACHES, PEAS, MILK	CHICKEN NUGGETS, CORN, PINEAPPLE, MILK	CHOICE	BLACK BEANS, RICE, FRUIT COCKTAIL, CORN, MILK	GRILLED CHICKEN BITES, BROCCOLI, PEAS, MILK
P.M. Snack	SPORT BITES GRAHAMS, WATER	APPLE SAUCE, ANIMAL CRACKERS, WATER	Day!	MOZZARELLA STRING CHEESE, TOWN HOUSE, WATER	APPLES, SUNBUTTER, GRAHAMS, WATER
Week Beginning on March 27, 2023					
A.M. Snack	STRAWBERRY BAR, APPLE SAUCE, MILK	WG APPLE MUFFIN, MILK	CHEERIOS, APPLES, MILK	FRENCH TOAST, PINEAPPLE, MILK	CHEF
Lunch	GRILLED CHEESE SANDWICH, TOMATO SOUP, MIXED FRUIT, MILK	SPAGHETTI W/MARINARA, GREEN BEANS, PEACHES, MILK	WG BREADED CHICKEN PATTY, PEAS, MILK	TURKEY CHEESE WRAP, TOSSED SALAD W/ RANCH, FRUIT COCKTAIL, MILK	CHOICE
P.M. Snack	WG EDUCATIONAL BITES, WATER	SLICED AMERICAN CHEESE, TOWN HOUSE CRACKERS, WATER	WG GOLDFISH, WATER	APHIBABET BITES, WATER	Day!
Week Beginning on APRIL 3, 2023					
A.M. Snack	RICE KRISPY, PEACHES, MILK	CHEF'S	WG BAGEL W/ CREAM CHEESE, PINEAPPLE, MILK	PANCAKES, PEACHES, MILK	VANILLA YOGURT, ORANGES, MILK
Lunch	SUNBUTTER/JELLY SANDWICH, PEAS, CARROTS, MILK	CHOICE	FISH POLLOK SHAPES, GREEN BEANS, MANDARINS, MILK	CHICKEN BURRITO BOWL, SALAD, BEANS, TROPICAL FRUIT, MILK	WG MOZARELLA STICKS, BLUEBERRIES, PEAS, MILK
P.M. Snack	WG ANIMAL CRACKERS, SLICED ORANGES, WATER	Day!	MOZZARELLA STICK, WAFFLE GRAHAMS, WATER	CHEDDAR CUBES, PRETZELS, WATER	BLUEBERRY LEMON BITES, WATER
Week Beginning on APRIL 10, 2023					
A.M. Snack	HOT OATMEAL W/CINNAMON, MILK	RICE KRISPIES CEREAL, MILK	WG PANCAKES, PEACHES, MILK	BLUEBERRY MUFFINS, MILK	CHEF
Lunch	GRILLED CHICKEN TERIYAKI, RICE BERRIES, CORN, MILK	ROTINI MAC & CHEESE, BROCCOLI, PINEAPPLE, MILK	WG CHEESE PIZZA, MIXED VEGETABLES, TROPICAL FRUIT, MILK	CHICKEN NUGGETS, BANANA, DICED CARROTS, MILK	CHOICE
P.M. Snack	WG DINO BITES, FRESH ORANGE SLICES, WATER	WG ALPHABET BITES, FRUIT COCKTAIL, WATER	TEDDY BEAR GRAHAM CRACKERS, WATER	CHEESE STICK, GRAHAM CRACKERS, WATER	Day!
Week Beginning on APRIL 17, 2023					
A.M. Snack	STRAWBERRY YOGURT, MILK	CEREAL, BANANAS, MILK	VANILLA YOGURT, MANDARINS, MILK	FRENCH TOAST, APPLES, MILK	CHEF'S
Lunch	PENNE PASTA W/MARINARA, PEACHES, PEAS, MILK	BARBEQUE CHICKEN SLIDERS, MIXED VEGETABLES, PINEAPPLE, MILK	FISH STICKS, SWEET POTATO WEDGES, FRUIT, MILK	CHICKEN CHEESE QUESADILLAS, MIXED SALAD, FRUIT MIX, MILK	CHOICE
P.M. Snack	VANILLA PUDDING, WATER	PRETZEL WHEELS, APPLES, WATER	BLUEBERRY BITES, WATER	FIG NEWTON BARS, WATER	Day!