

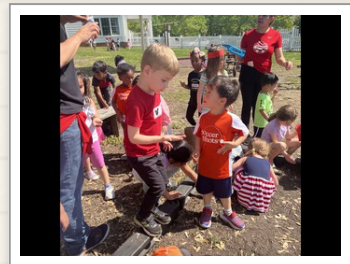
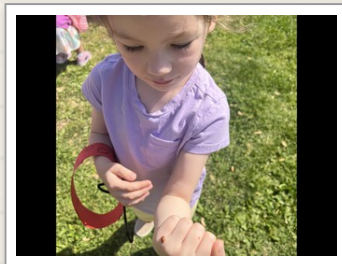
# Chesterbrook Academy Gaithersburg

May 2023 Newsletter

## A Note from Our Principal

As we enter the beautiful month of May, I am excited to share all the fun spring activities our preschoolers have been enjoying. From celebrating Week of the Young Child to releasing ladybugs on Earth Day, our students have been very busy! This month, we will be celebrating our amazing teachers during Teacher Appreciation Week, continuing our gardening projects, and learning more about nature and ways to be environmentally-friendly.

Sincerely,  
Narema Deonarine





## Teacher Appreciation Week

Teacher Appreciation Week is May 8-12. This is a wonderful time to express our gratitude to our amazing teachers who work tirelessly to educate and care for our students each and every day. They are the heart and soul of our preschool, and we are so fortunate to have such a dedicated and talented team. More information regarding Teacher Appreciation Week celebrations will be sent via Links 2 Home.

Please join us in celebrating National Teacher Appreciation Week the week of May 8th -12th!

Here is how you can help:

Monday-Breakfast Day. Bring a delicious breakfast item(s) for our great teachers and staff. This will help them get the day started off right!

Tuesday- Flower Day/ Lunch. Have your child say "Thank You" by bringing a FLOWER from your garden or otherwise. Flowers will be collected that day and placed in a vase (or similar) in their classroom displaying a beautiful bouquet.

Wednesday- Family Card Appreciation Day. Families, this is your chance to have fun creating a card that is a one-of-a-kind design! Each child's family will bring a very special "Card of Appreciation" designed especially for their teacher! Parents, this would be a great morning for you to walk your child to class and present your card to their teacher.

Thursday-A Gift Card. Sometimes it is easy to forget that teachers have families and lives outside of school. A gift card for a restaurant, the movies or a local coffee shop are always appreciated.

Friday- Sweet Treats Day: bring a sweet dessert for all of CBA 824 teachers and staff to enjoy! Desserts can be dropped off in the morning. At the end of the day, teachers will receive “goodie boxes” to fill up with a variety of treats to take home and enjoy!

## Expectations re: Links 2 Home Message Response Time

We are pleased to hear that many of you have been enjoying the ability to communicate directly with your child's teacher through the direct message function of our Links 2 Home app. While our teachers strive to respond to messages as quickly as possible, please keep in mind that they are primarily focused on caring for and educating their students during school hours. Teachers will make every effort to respond as soon as they are able. **As always, for urgent or time-sensitive matters, please call us at (301)820-7722.**

## Did You Know?

Mirrors are a great way for children to learn. Infants begin to recognize expressions and track images. Our toddlers use mirrors to build their self-concept by recognizing themselves. Older preschool students learn to notice their unique characteristics, and improve their hand-eye coordination by creating self-portraits!

## Important Dates

April 28: Picture Day!

May 1: Tuition Day

May 8-12 - Teacher Appreciation Week

May 12 - Mother's Day Breakfast ( 8:30am-10am)

May 29 - CLOSED for Memorial Day

## Little Social Butterflies: Tips for Raising a Socially Savvy Preschoolers

We all want our children to grow up happy, healthy, and thriving – and building strong social skills is a key part in achieving this. At our preschool, we recognize that sharing, making friends, and problem-solving are crucial components for a child's overall development. That's why our Links to Learning curriculum is focused on building these skills!

In our classrooms, we strive to incorporate social interactions into every aspect of our students' schedule and routines. Our teachers implement a variety of techniques, such as using emotion charts to showcase different feelings, displaying photo prompts throughout the classroom to encourage sharing, and facilitating games that require taking turns. Additionally, our teachers serve as role models, demonstrating gratitude and socially appropriate behaviors throughout the school day.

Building strong social skills is an ongoing process that extends beyond the classroom. To help you continue building these skills at home, we've put together five simple and fun activities.

### 1. Encourage purposeful play

Purposeful play is an excellent opportunity to boost your child's social skills. Encourage them to work on activities with you that involve teamwork and communication, such as building towers with blocks, working on a puzzle, or making crafts together. Not only will your child develop important problem-solving skills, but their creativity and imagination will also flourish through playtime.

### 2. Model sharing behavior

Children learn from the behaviors of the adults around them. You can model sharing by offering your child a piece of your snack or sharing a toy with them. Use positive language to describe the behavior, such as "It's so fun to share my snack with you" or "Sharing makes me feel happy." When your child sees your actions, they are more likely to follow suit and learn to share with others.

### 3. Introduce the concept of a "worry can"

A "worry can" is a helpful visual tool that can help build your child's communication skills by encouraging them to express their fears in a positive way. Decorate a special can together, then ask your child to write or draw their worries on a piece of paper and place them in the can. Together, have an open and honest conversation about their worries and help them problem-solve any issues they may have.

### 4. Roleplay different social situations

Roleplaying is a great way to address specific issues, such as shyness or difficulty making friends. By practicing social skills in a safe environment, children can become more comfortable and confident in different situations. To get started, introduce yourself to your child and ask them to do the same. Encourage them to say their name, age, and something they like. Provide positive feedback to boost their confidence.

### 5. Read books about emotions

Books can help your child learn to identify and express their feelings, recognize emotions of others, and manage emotions (i.e., deep breathing or counting to 10). While reading, discuss how the characters feel and ask your child how they would feel in a similar situation. Some of our favorite books include *The Color Monster* by Anna Llenas, *The Way I Feel* by Jenan Cain, and *Big Feelings* by Alexandra Penfold.



## Chesterbrook Academy Gaithersburg

📍 10 Kent Gardens Circle, Gaithe...

✉ narema.deonarine@chesterbr...

☎ (301)820-7722

🌐 chesterbrookacademygaithe...



May 2023 Chesterbrook Menu.pdf

[Download](#)

298.9 KB

