CHESTERBROOK JUNE 2023

| | | WE | EK 1 | | |
|--|--|---|---|--|--|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | | | | | |
| Dates: | 5/29/2023 | 5/30/2023 | 5/31/2023 | 6/1/2023 | 6/2/2023 |
| AM SNACK. | | | | | |
| Milk | CLOSED | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable | HAPPY | | Canned Apples w/Cinn | Berries | |
| Grain/Meat ¹ | MEMORIAL | WG Blueberry Loaf | Oatmeal | WG Waffle | WG Cereal |
| Extra | DAY! | | | | |
| LUNCH: | 2 | | | | |
| 1 | | CI'L D' | | d b | ppo di i |
| | | Chicken Dippers | Loaded Nachos | Cheesy Peasy | BBQ Chicken |
| Milk | CLOSED | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable ² | | Mango Chunks | Pineapple | 1/2 Banana | Peaches |
| Vegetable | | Sweet Potato Bites | Black Beans | Peas | Mixed Veggies |
| Grain | | WG Breading | WG Tortilla Chips | WG Mac & Cheese or WG Pasta w/ Cheese Sauce | WG Cornbread |
| Meat/Meat Alternate | | Chicken Nuggets | Beef Crumbles/ Shredded Cheese | Diced Turkey Ham | Diced Chicken or Grilled Chicken Nuggets |
| Extra | | Ranch or Honey Mustard | Taco Seasoning/Salsa | | BBQ Sauce |
| PM SNACK: | | | | | |
| | | | | | |
| Milk/Water | CLOSED | | | | |
| Fruit | | | | Apple Slices | |
| Vegetable | | | | | |
| Grain | | Graham Crackers | WG Goldfish | | Pretzels |
| Meat/Meat Alternate | | | | Sunbutter | |
| Extra | | | | | |
| | | | | | |
| | | WE | EEK 2 | | |
| MEAL PATTERN | MONDAY | WE | EEK 2 WEDNESDAY | THURSDAY | FRIDAY |
| MEAL PATTERN | | TUESDAY | WEDNESDAY | | |
| MEAL PATTERN Dates: | MONDAY 6/5/2023 | | | THURSDAY 6/8/2023 | FRIDAY 6/9/2023 |
| MEAL PATTERN | 6/5/2023 | TUESDAY 6/6/2023 | WEDNESDAY 6/7/2023 | 6/8/2023 | 6/9/2023 |
| MEAL PATTERN Dates: | 6/5/2023 Whole Milk (age 1) or | TUESDAY 6/6/2023 Whole Milk (age 1) or | WEDNESDAY 6/7/2023 Whole Milk (age 1) or | 6/8/2023 Whole Milk (age 1) or | 6/9/2023 Whole Milk (age 1) or |
| MEAL PATTERN Dates: AM SNACK: Milk | 6/5/2023 | TUESDAY 6/6/2023 | WEDNESDAY 6/7/2023 | 6/8/2023 | 6/9/2023 |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable | 6/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | 6/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | 6/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² | 6/5/2023 Whole Milk (age 1) or | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel | WEDNESDAY 6/7/2023 Whole Milk (age 1) or | 6/8/2023 Whole Milk (age 1) or | 6/9/2023 Whole Milk (age 1) or |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable | 6/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | 6/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | 6/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ¹ Extra | 6/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal | 6/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake | 6/9/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal | 6/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ¹ Extra | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal | 6/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk Fruit/Vegetable ² | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk Fruit/Vegetable ² Vegetable | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ¹ Extra LUNCH: Milk Fruit/Vegetable ² Vegetable Grain | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta Cheese | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken /Shredded Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll Beef Crumbles | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta Cheese | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken /Shredded Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll Beef Crumbles | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat² Extra LUNCH: Milk Fruit/Vegetable² Vegetable Grain Meat/Meat Alternate Extra | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta Cheese | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken /Shredded Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll Beef Crumbles | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk Fruit/Vegetable ² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta Cheese | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken /Shredded Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll Beef Crumbles | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk Fruit/Vegetable ² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta Cheese | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken /Shredded Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll Beef Crumbles | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread Turkey/Sliced Cheese | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |
| MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain/Meat ² Extra LUNCH: Milk Fruit/Vegetable ² Vegetable Grain Meat/Meat Alternate Extra PM SNACK: Milk/Water Fruit | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Lasagna Roll Up Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges String Beans WG Pasta Cheese | TUESDAY 6/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Bagel Cream Cheese Taco Tuesday Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Corn WG Tortilla Diced Chicken /Shredded Cheese | WEDNESDAY 6/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Oatmeal Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mixed Fruit Broccoli WG Roll Beef Crumbles | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey & Cheese Please Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Banana 1/2 Sweet Potato Bites WG Bread | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Fishy Shapes Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mango Peas WG Breading |

Novick CHILDCARE SOLUTIONS

^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.

CHESTERBROOK JUNE 2023

| WEEK 3 | | | | | |
|------------------------------|---|---|---|---|---|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 6/12/2023 | 6/13/2023 | 6/14/2023 | 6/15/2023 | 6/16/2023 |
| AM SNACK: | | | | | |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable | - | | | | _ |
| Grain/Meat ¹ | WG Cereal | WG Muffin | WG Cereal | WG French Toast | WG Cereal |
| Extra | | | | | |
| LUNCH: | | | | | |
| | Pizza Quesadilla | Chicken and Waffles | Mighty Meaty Pasta | Grilled Chicken Salad | Asian Dumplings |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable ² | Mixed Fruit | Peaches | Apple Slices | Pineapple | Mandarin Oranges |
| Vegetable | Marinara Sauce | String Beans | | Tossed Salad | Green Beans |
| Grain | WG Shell | WG Waffle | WG Pasta | WG Bread | WG Dumpling |
| Meat/Meat Alternate | Cheese Pizza Quesadilla | Breaded Chicken Patty or Chicken Nuggets | Beef Crumbles | Grilled Chicken Nuggets | Chicken Dumpling |
| Extra | | | Pasta Sauce | Ranch | |
| PM SNACK: | | | | | |
| | | | | | |
| Milk/Water | | | | | |
| Fruit | | | | Raisins | |
| Vegetable | | | | | |
| Grain | WG Granola Bites | | WG Cheese Crackers | | WG Belgian Waffle |
| Meat/Meat Alternate | | Yogurt | | Cheese Stick | |

| WEEK 4 | | | | | |
|------------------------------|-----------|---|---|---|---|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 6/19/2023 | 6/20/2023 | 6/21/2023 | 6/22/2023 | 6/23/2023 |
| AM SNACK: | | | | | |
| Milk | | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable | | | | | |
| Grain/Meat ¹ | | WG English Muffin | WG Cereal | WG Pancake | WG Cereal |
| Extra | | Applebutter | | | |
| LUNCH: | | | | | |
| | | Chicken Patty | | Pizza Cruncher | Brunch |
| Milk | CLOSED | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable ² | | Tropical Fruit | Pineapple | Apple Slices | Mango |
| Vegetable | | Mixed Vegetables | Tator Tots | Broccoli | Corn |
| Grain | | WG Roll | WG Roll | WG Crust | WG French Toast Stx |
| Meat/Meat Alternate | | WG Breaded Chicken Patty | Fish Sticks | Cheese | 1/2 Turkey Sausage Patty |
| Extra | | | | | |
| PM SNACK: | | | | | |
| | | | | | |
| Milk/Water | | | | | |
| Fruit | | | | | |
| Vegetable | | | | | |
| Grain | | Pretzels | WG Churro Crackers | Yogurt | Ritz Crackers |
| Meat/Meat Alternate | | | | | Cheesestick |



^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.

CHESTERBROOK JUNE 2023

| WEEK 5 | | | | | |
|------------------------------|---|---|---|---|---|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 6/26/2023 | 6/27/2023 | 6/28/2023 | 6/29/2023 | 6/30/2023 |
| AM SNACK: | | | | | |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable | | | | | |
| Grain/Meat ¹ | WG Cereal | WG Blueberry Loaf | WG Cereal | WG Waffle | WG Cereal |
| Extra | | | | | |
| LUNCH: | | | | | |
| | Pizza | Chicken Dippers | Loaded Nachos | Cheesy Peasy | BBQ Chicken |
| Milk | Whole Milk (age 1) or |
| IVIIIK | Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable ² | Clementine | Mango Chunks | Banana | Peaches | Banana |
| Vegetable | Broccoli | Sweet Potato Bites | Black Beans | Peas | Mixed Veggies |
| Grain | WG Crust | WG Breading | WG Tortilla Chips | WG Mac & Cheese or WG Pasta w/ Cheese Sauce | WG Cornbread |
| Meat/Meat Alternate | Cheese | Chicken Nuggets | Beef Crumbles/ Shredded Cheese | Diced Turkey Ham | Diced Chicken or Grilled Chicken Nuggets |
| Extra | | Ranch or Honey Mustard | Taco Seasoning/Salsa | | BBQ Sauce |
| PM SNACK: | | | | | |
| | Cucumber Sandwich | | | | |
| Milk/Water | | | | | |
| Fruit | | | | | |
| Vegetable | Cucumber Slices | | | | |
| Grain | WG Flatbread | Graham Crackers | WG Goldfish | Saltines & Cheese | Pretzels |
| Meat/Meat Alternate | | | | | |
| Extra | | | | | |

