

CHESTERBROOK JUNE 2023

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	5/29/2023	5/30/2023	5/31/2023	6/1/2023	6/2/2023
AM SNACK:					
Milk	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	HAPPY		Canned Apples w/Cinn	Berries	
Grain/Meat ¹	MEMORIAL	WG Blueberry Loaf	Oatmeal	WG Waffle	WG Cereal
Extra	DAY!				
LUNCH:					
		Chicken Dippers	Loaded Nachos	Cheesy Peasy	BBQ Chicken
Milk	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable ²		Mango Chunks	Pineapple	1/2 Banana	Peaches
Vegetable		Sweet Potato Bites	Black Beans	Peas	Mixed Veggies
Grain		WG Breading	WG Tortilla Chips	WG Mac & Cheese or WG Pasta w/ Cheese Sauce	WG Cornbread
Meat/Meat Alternate		Chicken Nuggets	Beef Crumbles/ Shredded Cheese	Diced Turkey Ham	Diced Chicken or Grilled Chicken Nuggets
Extra		Ranch or Honey Mustard	Taco Seasoning/Salsa		BBQ Sauce
PM SNACK:					
Milk/Water	CLOSED				
Fruit				Apple Slices	
Vegetable					
Grain		Graham Crackers	WG Goldfish		Pretzels
Meat/Meat Alternate				Sunbutter	
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	6/5/2023	6/6/2023	6/7/2023	6/8/2023	6/9/2023
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain/Meat ¹	WG Cereal	WG Bagel	Oatmeal	WG Pancake	WG Cereal
Extra		Cream Cheese			
LUNCH:					
	Lasagna Roll Up	Taco Tuesday	Sloppy Joe	Turkey & Cheese Please	Fishy Shapes
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable ²	Mandarin Oranges	Banana 1/2	Mixed Fruit	Banana 1/2	Mango
Vegetable	String Beans	Corn	Broccoli	Sweet Potato Bites	Peas
Grain	WG Pasta	WG Tortilla	WG Roll	WG Bread	WG Breading
Meat/Meat Alternate	Cheese	Diced Chicken /Shredded Cheese	Beef Crumbles	Turkey/Sliced Cheese	Fish Shapes with Cheese
Extra	Marinara Sauce	Taco Seasoning	Manwich Sauce		
PM SNACK:					
Milk/Water					
Fruit					
Vegetable					
Grain	Animal Crackers	WG Champs Crackers	WG Granola	WG Tortilla Chips/Salsa	Graham Crackers
Meat/Meat Alternate			Yogurt		

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	6/12/2023	6/13/2023	6/14/2023	6/15/2023	6/16/2023
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain/Meat ¹	WG Cereal	WG Muffin	WG Cereal	WG French Toast	WG Cereal
Extra					
LUNCH:					
	Pizza Quesadilla	Chicken and Waffles	Mighty Meaty Pasta	Grilled Chicken Salad	Asian Dumplings
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable ²	Mixed Fruit	Peaches	Apple Slices	Pineapple	Mandarin Oranges
Vegetable	Marinara Sauce	String Beans		Tossed Salad	Green Beans
Grain	WG Shell	WG Waffle	WG Pasta	WG Bread	WG Dumpling
Meat/Meat Alternate	Cheese Pizza Quesadilla	Breaded Chicken Patty or Chicken Nuggets	Beef Crumbles	Grilled Chicken Nuggets	Chicken Dumpling
Extra			Pasta Sauce	Ranch	
PM SNACK:					
Milk/Water					
Fruit				Raisins	
Vegetable					
Grain	WG Granola Bites		WG Cheese Crackers		WG Belgian Waffle
Meat/Meat Alternate		Yogurt		Cheese Stick	

WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	6/19/2023	6/20/2023	6/21/2023	6/22/2023	6/23/2023
AM SNACK:					
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain/Meat ¹		WG English Muffin	WG Cereal	WG Pancake	WG Cereal
Extra		Applebutter			
LUNCH:					
		Chicken Patty		Pizza Cruncher	Brunch
Milk	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable ²		Tropical Fruit	Pineapple	Apple Slices	Mango
Vegetable		Mixed Vegetables	Tator Tots	Broccoli	Corn
Grain		WG Roll	WG Roll	WG Crust	WG French Toast Stx
Meat/Meat Alternate		WG Breaded Chicken Patty	Fish Sticks	Cheese	1/2 Turkey Sausage Patty
Extra					
PM SNACK:					
Milk/Water					
Fruit					
Vegetable					
Grain		Pretzels	WG Churro Crackers	Yogurt	Ritz Crackers
Meat/Meat Alternate					Cheesestick

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	6/26/2023	6/27/2023	6/28/2023	6/29/2023	6/30/2023
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain/Meat ¹	WG Cereal	WG Blueberry Loaf	WG Cereal	WG Waffle	WG Cereal
Extra					
LUNCH:					
	Pizza	Chicken Dippers	Loaded Nachos	Cheesy Peasy	BBQ Chicken
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable ²	Clementine	Mango Chunks	Banana	Peaches	Banana
Vegetable	Broccoli	Sweet Potato Bites	Black Beans	Peas	Mixed Veggies
Grain	WG Crust	WG Breading	WG Tortilla Chips	WG Mac & Cheese or WG Pasta w/ Cheese Sauce	WG Cornbread
Meat/Meat Alternate	Cheese	Chicken Nuggets	Beef Crumbles/ Shredded Cheese	Diced Turkey Ham	Diced Chicken or Grilled Chicken Nuggets
Extra		Ranch or Honey Mustard	Taco Seasoning/Salsa		BBQ Sauce
PM SNACK:					
	Cucumber Sandwich				
Milk/Water					
Fruit					
Vegetable	Cucumber Slices				
Grain	WG Flatbread	Graham Crackers	WG Goldfish	Saltines & Cheese	Pretzels
Meat/Meat Alternate					
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.