



July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	26	27	28	29	30
AM Snack	Cheez-It	Chips & Guacamole	Naan Bread & Hummus	Cottage Cheese & Pineapple	French Toast Sticks w/syrup
Lunch	BBQ Chicken w/tortilla shell, Potato Wedges, Tropical Fruit	Garlic Cheese Bread, Corn/Cream Corn, Cantaloupe	Chicken Patty on bun, Peas, Apples	Lasagna Rolls, Cali Mix Veggies, Mangos	Cheese Quesadilla, Baked Beans, Apricots
PM Snack	Cheese Slices & Wheat Crackers	Nutri-Grain Bar	Mixed Berry Animal Crackers	Blueberry Muffin	Shortbread Bites
	3	4	5	6	7
AM Snack	Applesauce & Graham Crackers	Closed for 4th of July	Cheese Cubes & Crackers	Biscuit & Jelly	Apple Cinnamon Muffin
Lunch	Fish Sticks, Baked Beans, Honeydew		Sloppy Joe w/bun, Salad, Banana	Mac & Cheese, Cali Blend, Pineapple	Chicken Salad Sliders, Corn, Apricots
PM Snack	Blueberry Bread & Cream Cheese		Goldfish	Chex Mix	Chips & Spinach Dip
	10	11	12	13	14
AM Snack	Cheez-It	Chips & Salsa	Naan Bread & Hummus	Cottage Cheese & Pineapple	Waffle w/ syrup
Lunch	Teriyaki Chicken on tortilla, Peas & Carrots, Tropical Fruit	Pizza, Salad , Pears	Chicken Nuggets, Sweet Potato Tots, Apples	Cheese Breadstick, Green Beans, Cantaloupe	Turkey and Cheese Wrap, Baked Beans, Mangos
PM Snack	Cheese Slices & Wheat Crackers	Nutri-Grain Bar	Mixed Berry Animal Crackers	Blueberry Muffin	Mixed Snack
	17	18	19	20	21
AM Snack	Sweet Potato Crackers	Cheese Stick & Crackers	Fig Newton	Yogurt & Kix	Soft Pretzel & Cheese
Lunch	Salsbury Steak, Mashed Potato, Mandrian Oranges	Chicken Fettuccine Casserole, Cauliflower, Diced Strawberries	Sweet & Sour Chicken, Rice, Broccoli, Honey Dew	Breakfast for Lunch, Tater Tots, Peaches	Tuna Salad w/Corn Bread, Green Beans, Pears
PM Snack	Pudding & wafers	Oatmeal Choc. Bar	Biscuit & Apple Butter	Goldfish	French Toast Crackers
	24	25	26	27	28
AM Snack	Cheez-It	Chips & Guacamole	Naan Bread & Hummus	Cottage Cheese & Pineapple	French Toast Sticks w/syrup
Lunch	BBQ Chicken w/tortilla shell, Potato Wedges, Tropical Fruit	Garlic Cheese Bread, Corn/Cream Corn, Cantaloupe	Chicken Patty on Bun, Peas, Apples	Cheese Quesadilla, Baked Beans, Apricots	Egg Rolls, Cali Mix Veggies, Mangos
PM Snack	Cheese Slices & Wheat Crackers	Nutri-Grain Bar	Mixed Berry Animal Crackers	Blueberry Muffin	Shortbread Bites

