



Chesterbrook Academy Aldie

July 17-21, 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG English Muffin**, Apple Butter, Milk

LUNCH: Chicken Tenders (**VO- Veggie Nuggets**), Mixed Vegetables, Apple Sauce

PM SNACK: Yogurt, Churro Crackers

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Hamburger (**VB- Veggie Burger**), **WG Roll**, Tater Tots, Pineapple, Milk

PM SNACK: **WG Flatbread**, Sun butter

THURSDAY

AM SNACK: **WG French Toast**, Milk

LUNCH: Mac and Cheese, **Peas, Oranges**, Milk

PM SNACK: Cornbread Muffins

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Fish Stick, Corn, **Banana**, Milk

PM SNACK: Cheese, Crackers

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.