



Chesterbrook Academy Aldie

July 3-7, 2023

MONDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Tortilla or Toast**, Chicken Salad (**VO- Vegetarian Nuggets**)
Pears, Sweet Potato Puffs, Milk

PM SNACK: Patriotic Parfait- **Strawberries, Blueberries**, Yogurt

TUESDAY

CBA CLOSED

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Waffles**, Vegetarian Sausage Patty, Fruit Cocktail, Hash brown,
Milk

PM SNACK: **Apple Muffin**

THURSDAY

AM SNACK: **WG English Muffin**, Apple Butter, Milk

LUNCH: , **WG Chicken Nugget (VO- Veggie Nuggets)**, **Mixed Vegetables**, Pineapple Tidbits, Milk

PM SNACK: **Graham Crackers**, Cream Cheese

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Fish Stick (VO- Veggie Patty)**, Corn, **Strawberries**, Milk

PM SNACK: **Crackers**, String Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.