



Chesterbrook Academy Aldie

July 24-28, 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG Waffle**, Maple Syrup, Milk

LUNCH: **WG Roll**, BBQ Chicken (**VO- Vegetarian Crumbles**), Hash Browns, **Cantaloupe**, Milk

PM SNACK: Graham Crackers, Cream Cheese

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Tortilla**, Black Bean, Cheese, (**VO- Vegetarian Crumbles**), Green Beans, **Blue Berries & Strawberries**, Milk

PM SNACK **WG Muffins**, Cheese

THURSDAY

AM SNACK: **WG Blueberry Loaf**, Milk

LUNCH: **WG Pizza, Broccoli**, Mandarin Oranges, Milk

PM SNACK: **WG Flatbread**, Jelly

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **WG Fish Sticks**, (**VO- Vegetarian Patty**), Corn, Banana, Milk

PM SNACK: **WG Crackers**, Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.