



Chesterbrook Academy Aldie

July 31- August 4 , 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG Muffin**, Cheese, Milk

LUNCH: **WG Pasta**, Chicken, **Salad (VO- Vegetarian Crumbles)**, Crackers, Pineapple, Milk

PM SNACK: Yogurt, Cereal

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Chicken Nuggets, **(VO- Vegetarian Nuggetss)**, **Apple Sauce**, Mashed Potatoes, Milk

PM SNACK **Carrot Stick**, Ranch, Fruit Cup, **WG Crackers**

THURSDAY

AM SNACK: **WG Waffles**, Maple Syrup, Milk

LUNCH: **WG Bun, Hamburgers, Veggie Burger**, Sweet Potatoes Bites, Mandarin Oranges, Milk

PM SNACK: Muffins, Pretzel, **Cucumbers**

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Grilled Cheese, **Corn, Bananas**, Milk

PM SNACK: **Crackers**, Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.