



# September Menu 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					1
Lunch	**Vegetarian Nuggets Now available				Teacher In-Service
PM Snack	**All Menu Items are subject to Change				No School
AM Snack	Labor Day 4	Cereal bar 5	Yogurt 6	Muffins and Milk 7	Cereal bar 8
Lunch	No School	Sloppy Joe, Roll, Fruit, Vegetable	Pierogis, Vegetable, Fruit	Cheeseburger, Broccoli, Fruit	Pizza, Fruit, Vegetable
PM Snack		Soft Pretzels	Pudding	Apple Slices	Pretzel Fish
AM Snack	Cereal and Milk 11	Bagels and Cream Cheese 12	Oatmeal Bar 13	Waffle Grams 14	Chef's Choice 15
Lunch	Chicken Drumsticks, Fruit, Vegetable	Mac and Cheese, Vegetable, Fruit	Broccoli Bites, Fruit, Crackers	Mozzarella Sticks, Broccoli, Fruit	Diced Turkey and Rice Pilaf, Vegetable, Fruit
PM Snack	Gold Fish	Carrots	Pretzels	Crackers and Cheese	Soft Pretzels
AM Snack	Cereal and Milk 18	Cereal bar 19	Pancakes and Milk 20	Waffle Grams 21	Cereal and Milk 22
Lunch	Cheese Ravioli, Vegetable, Fruit	Turkey, Cheese, Crackers, Fruit, Vegetable	Cheese Pizza Quesadilla, Vegetable, Fruit	Dumplings, Mixed Vegetables, Fruit	Chef's Choice
PM Snack	Cheeze-its	Animal Crackers	Pudding	Apple Slices	Pretzel Fish
AM Snack	Pancakes 25	Waffle Grams 26	Cereal Bar 27	Muffins and Milk 28	Oatmeal Bar 29
Lunch	Pizza Sticks Fruit, Vegetable	Tacos, Soft shell, Cheese, Corn	Cheeseburger, Vegetable Fruit	Mozzarella Sticks, Broccoli, Fruit	Chicken Drumsticks, Vegetables, and Fruit
PM Snack	Pudding	Carrots	Pretzels	Apple Sauce	Fresh Fruit