

Chesterbrook Academy Aldie

September 11- 15 , 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: WG English Muffin, Apple Butter, Milk

LUNCH: WG Bun, Chicken Patty, Mixed Veggie (VO- Vegetarian Crumbles), Tropical Fruit, Milk

PM SNACK: WG Flatbread, Sun Butter

WEDNESDAY

AM SNACK: WG Cereal, Milk

<u>LUNCH:</u> Ham Burger, (VO- Vegetarian Burger), WG Bun, Pineapple, Tater Tots, Milk

PM SNACK Yogurt, Granola

THURSDAY

AM SNACK: WG Pancakes, Maple Syrup, Berries, Milk

LUNCH: Cheese Pizza, Apple Slices, Broccoli, Milk

PM SNACK: Graham Crackers Chocolate Bears, Graham Crackers, Apple Sauce

FRIDAY

AM SNACK: WG Cereal, Milk

LUNCH: Grilled Cheese, Corn, Bananas, Milk

PM SNACK: Crackers, Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain

items.