



SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Vegetarian Bean Pasta Salad Mixed Vegetables Banana Half
4 CLOSED FOR LABOR DAY	5 Chicken Veggie Rice Diced Carrots Applesauce	6 Chicken Tenders Green Beans Banana Half	7 Pasta w/ Meat Sauce Peas & Carrots Watermelon	8 Turkey & Cheese Sandwich Mixed Vegetables Banana Half
11 Ranch Beef Taco Peas Banana Half	12 Veggie Mac & Cheese Diced Carrots Pears	13 Vegetarian Chili w/ Dinner Roll Green Beans Banana Half	14 Chicken Stir Fry Casserole Peas & Carrots Watermelon	15 Grilled Cheese Sandwich Mixed Vegetables Banana Half
18 Stewed Beef w/ Rice Peas Banana Half	19 Pasta w/ Chicken Tomato Sauce Diced Carrots Pineapples	20 Chicken Tenders Green Beans Banana Half	21 BBQ Chicken w/ Stuffing Peas & Carrots Watermelon	22 Cheese Quesadilla Mixed Vegetables Banana Half
25 Chicken Fajitas Peas Banana Half	26 Cheesy Broccoli Rice Diced Carrots Applesauce	27 Hot Chicken Gravy w/ Whole Wheat Bread Mashed Potatoes Banana Half	28 Beef Stroganoff Peas & Carrots Watermelon	29 Italian Chicken Pasta Salad Mixed Vegetables Banana Half